

READY...GO Project

Sport in prison to support the acquisition of informal skills to help inmates to better prepare their reintegration into society

Application n° 2016-1-FR01-KA204-023846

CROSSED DATA from Q1 and Q2



Erasmus+



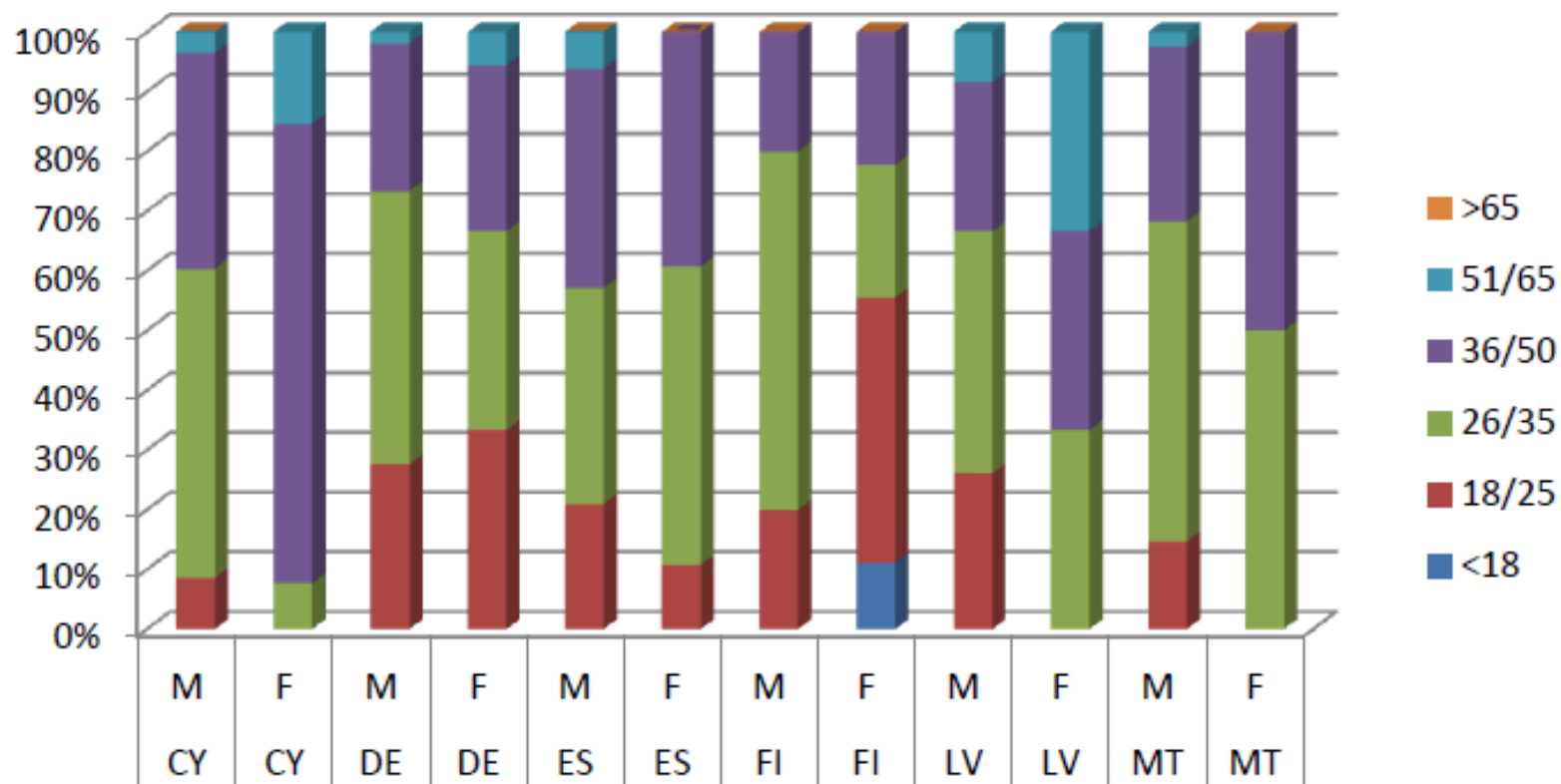
592 Questionnaires n°1 / Inmates

71 Questionnaires n° 2 / Sport instructors



Q1 to Inmates Data

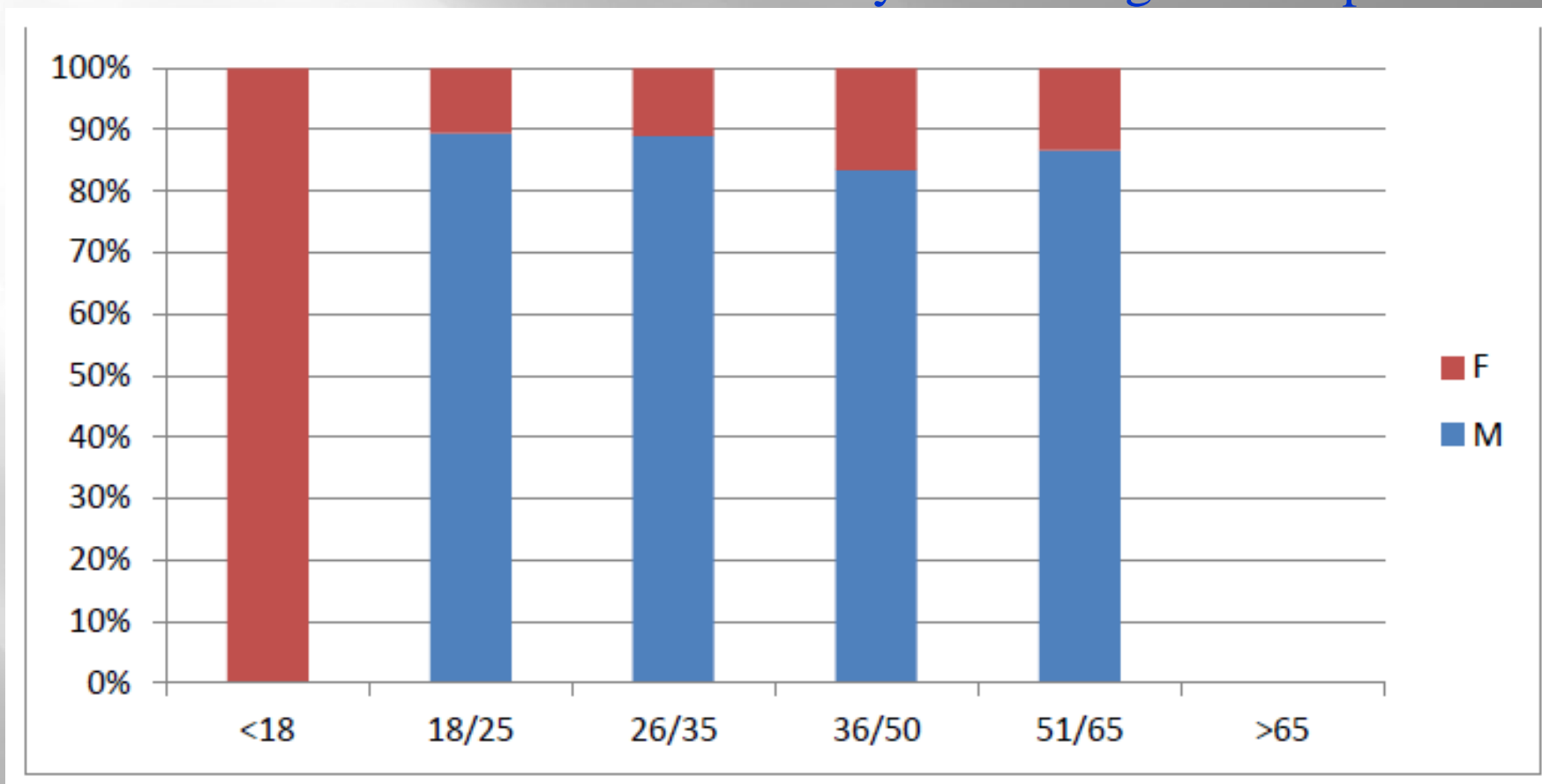
Distribution by age, sex and partner





Erasmus+

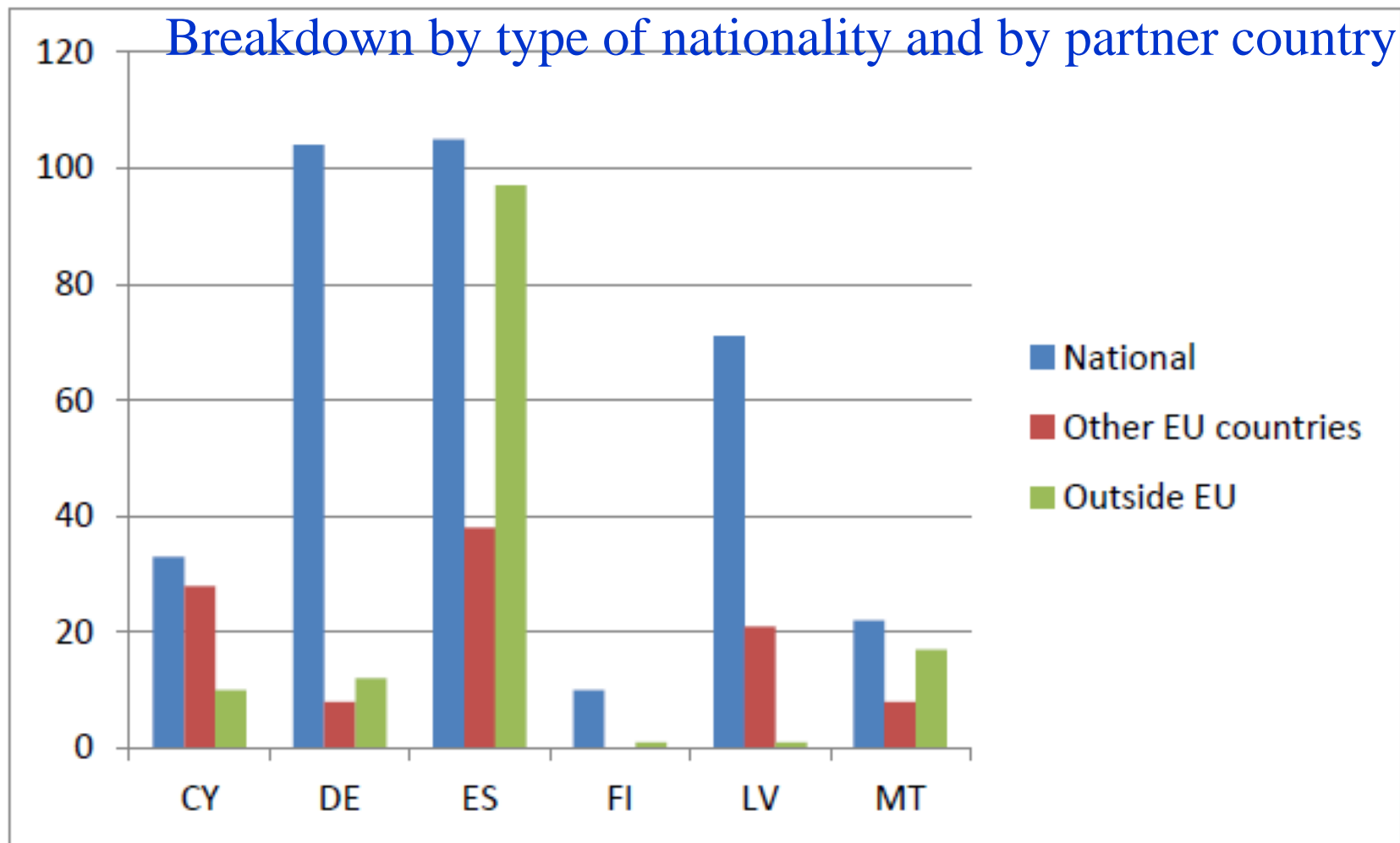
Breakdown by sex and age for all partners



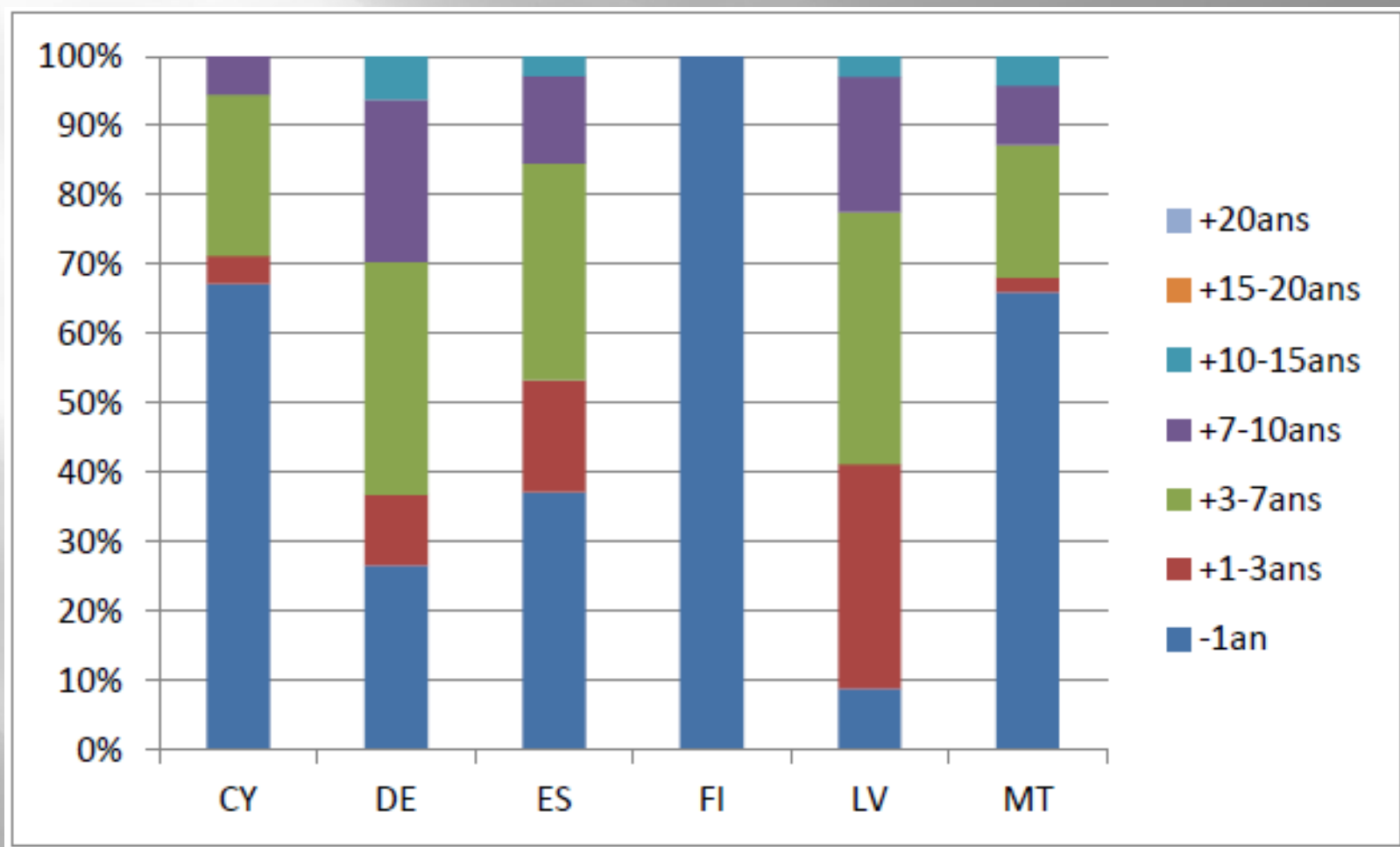
515 M and 77 F

Analysis of collected data
September 23, 2017

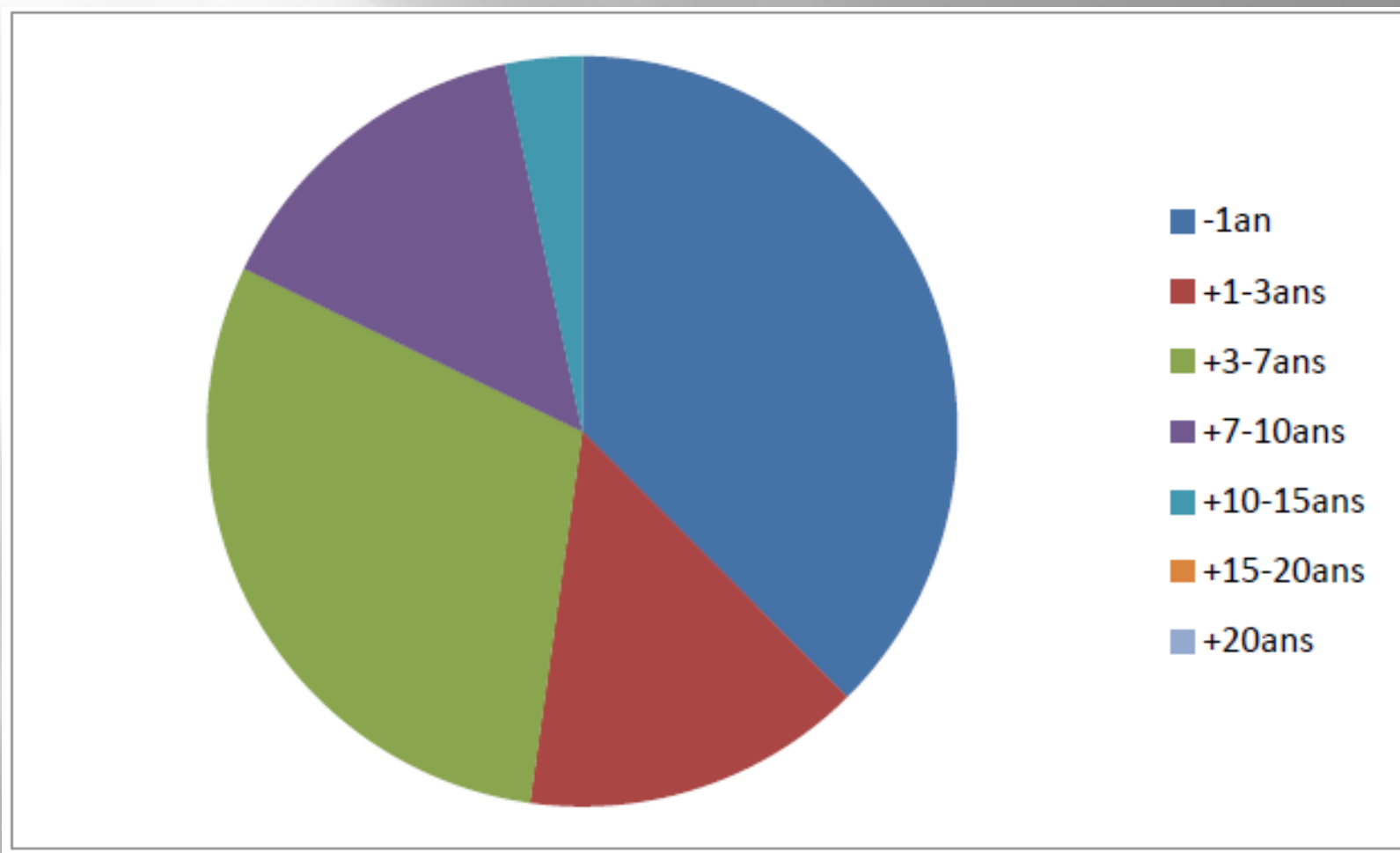
Breakdown by type of nationality and by partner country



Incarceration time (per country)



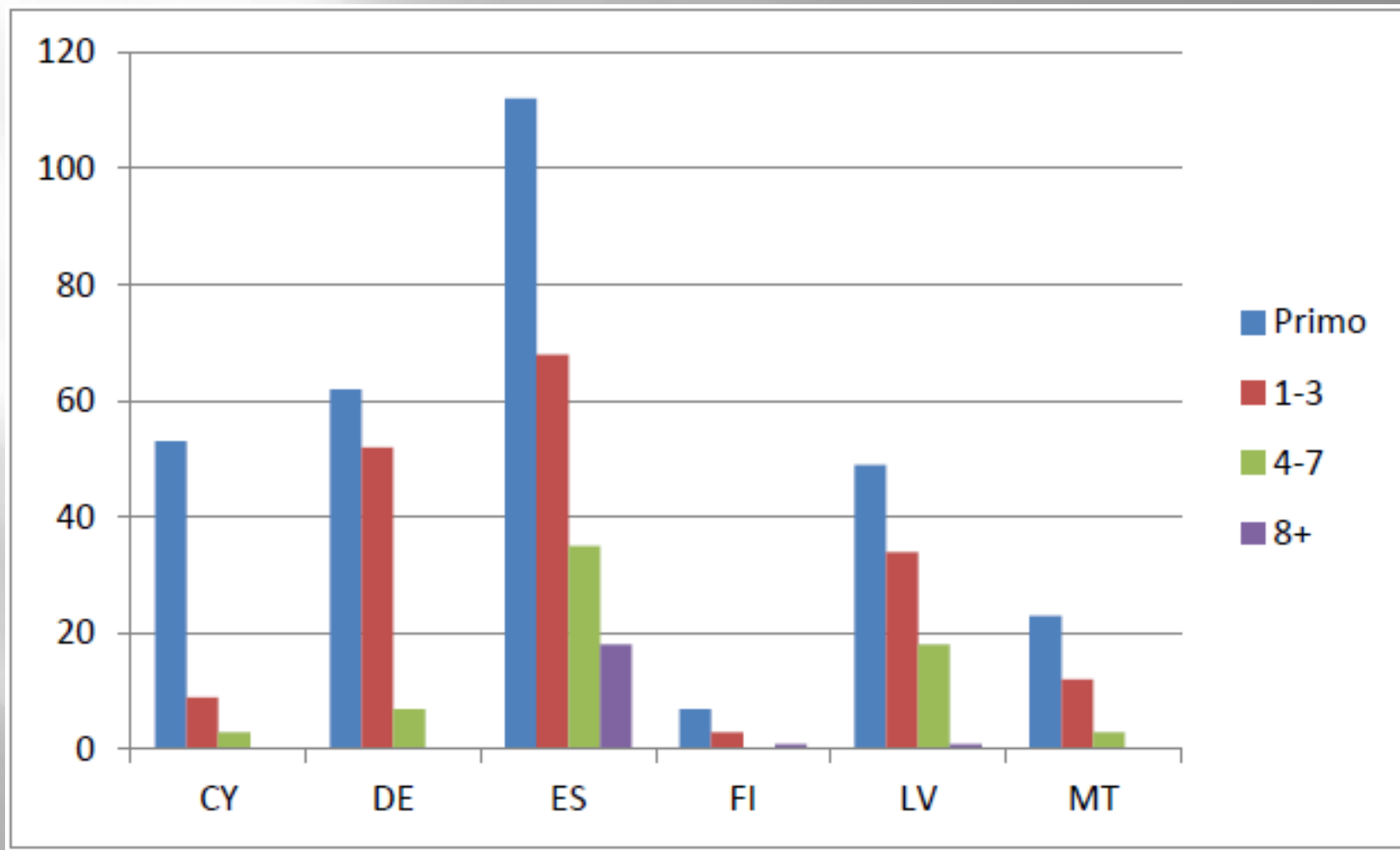
Duration of incarceration (all countries together)





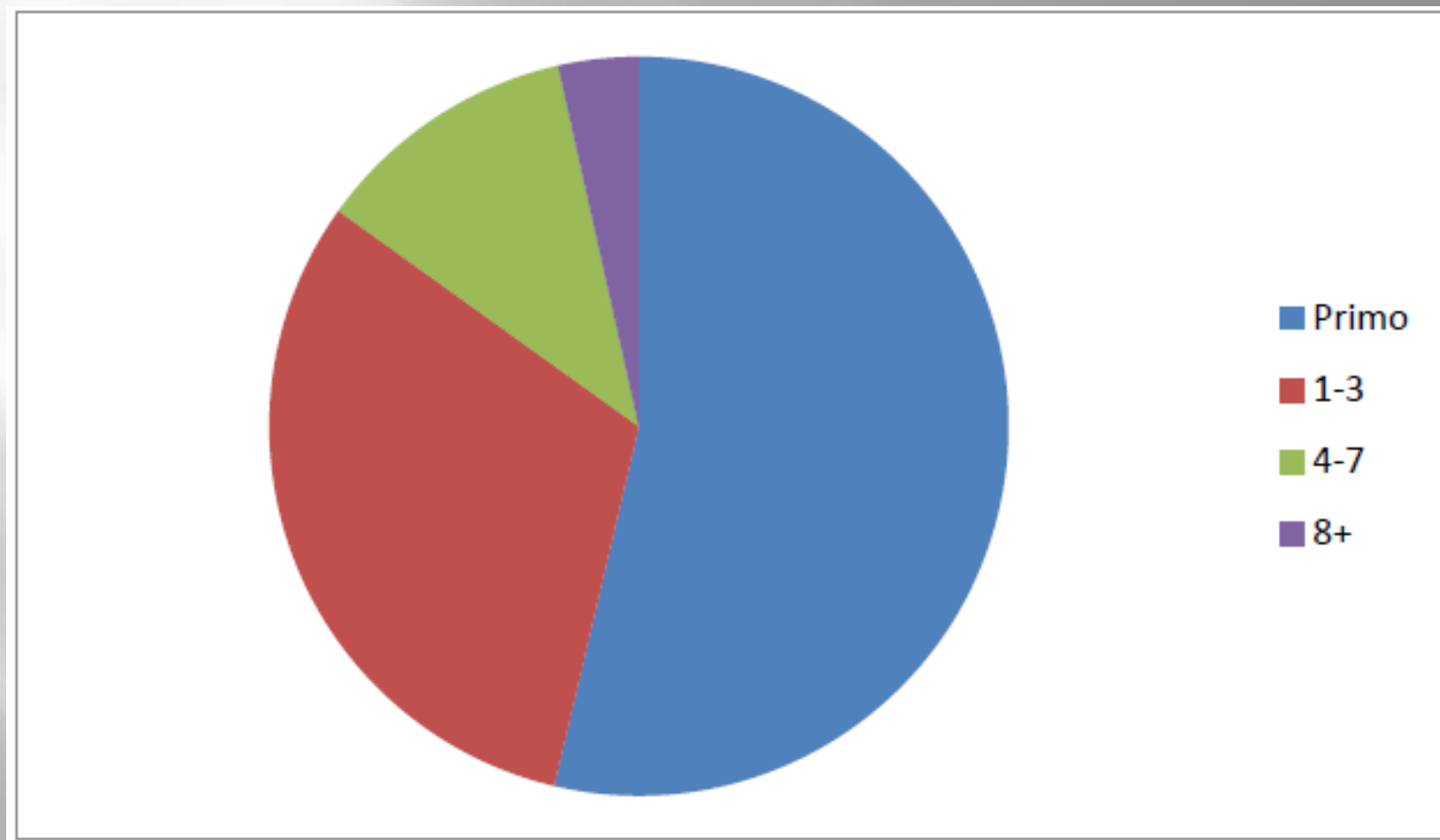
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Number of judgments accumulated (by partner country)



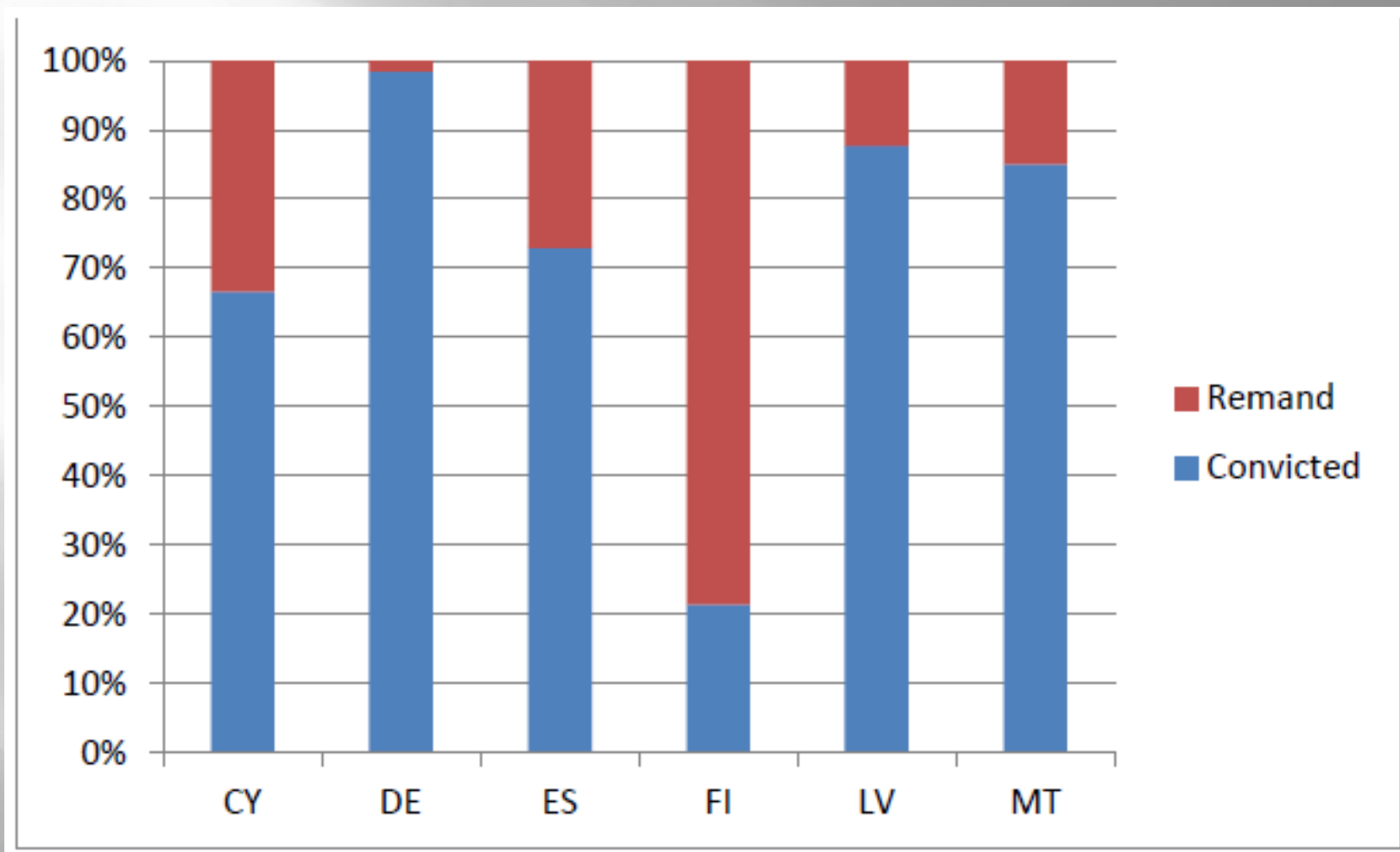
Analysis of collected data
September 23, 2017

Number of judgments accumulated (all countries combined)



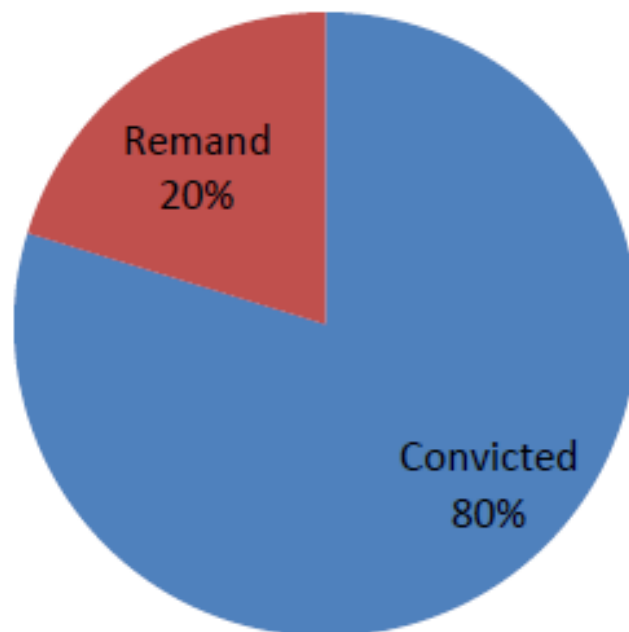


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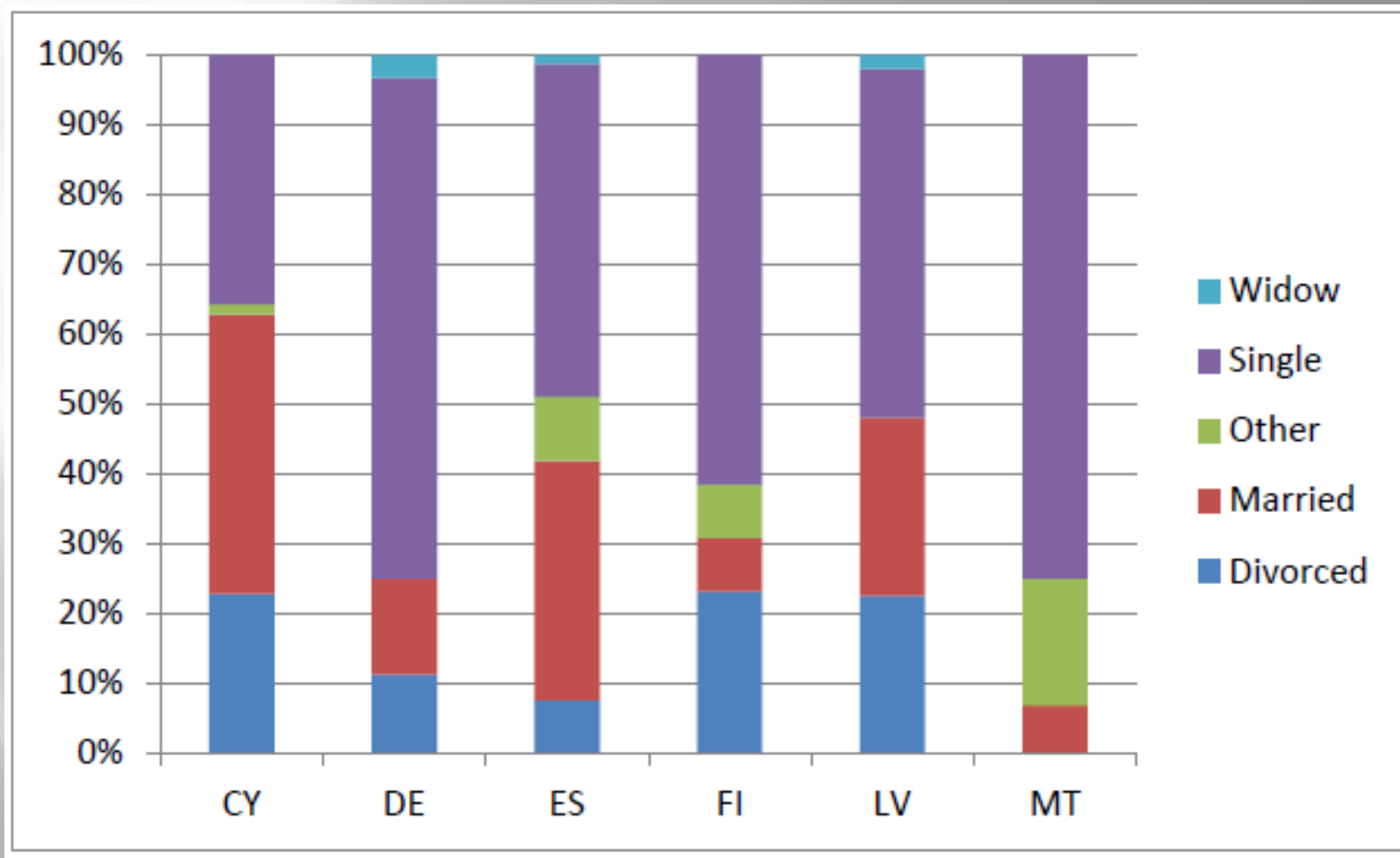


Analysis of collected data
September 23, 2017

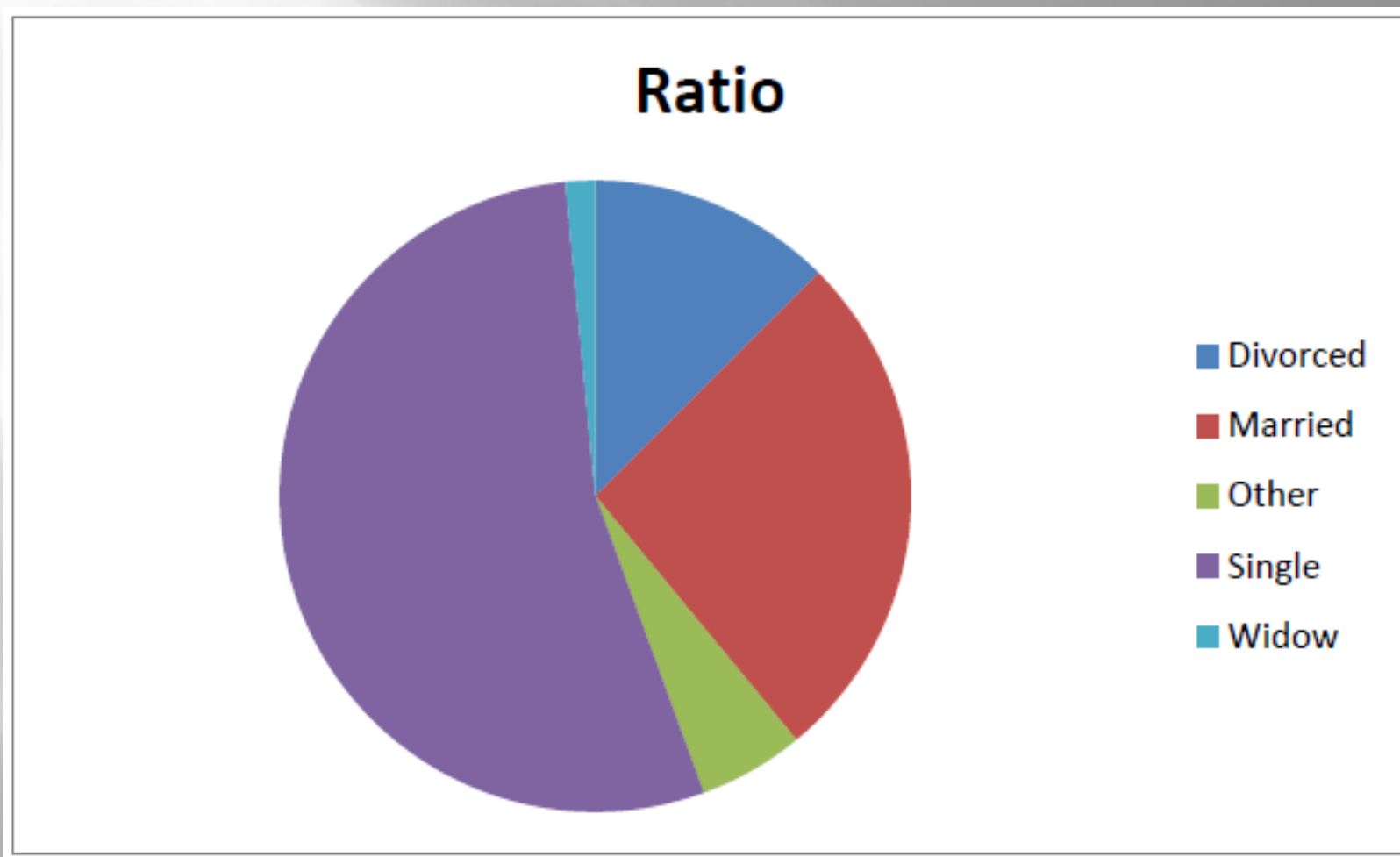
121 / 476 (all countries)



Family status (per countries)



Family status (all countries)





Q1-4. Is there enough sport activities in prison ?

Q1-16. Would you like to have physical formal education in prison?

| Country | Q1-4 | Q1-16 | Total |
|---------|------|-------|-------|
| CY | No | No | 7 |
| CY | No | Yes | 20 |
| CY | Yes | No | 6 |
| CY | Yes | Yes | 35 |



Q1-4. Is there enough sport activities in prison ?

Q1-16. Would you like to have physical formal education in prison?

| Country | Q1-4 | Q1-16 | Total |
|---------|------|-------|-------|
| DE | No | No | 19 |
| DE | No | Yes | 65 |
| DE | Yes | No | 6 |
| DE | Yes | Yes | 17 |



Q1-4. Is there enough sport activities in prison ?

Q1-16. Would you like to have physical formal education in prison?

| Country | Q1-4 | Q1-16 | Total |
|---------|------|-------|-------|
| ES | No | No | 14 |
| ES | No | Yes | 75 |
| ES | Yes | No | 45 |
| ES | Yes | Yes | 97 |



Q1-4. Is there enough sport activities in prison ?

Q1-16. Would you like to have physical formal education in prison?

| Country | Q1-4 | Q1-16 | Total |
|---------|------|-------|-------|
| FI | No | No | 1 |
| FI | No | Yes | 7 |
| FI | Yes | No | 1 |
| FI | Yes | Yes | 5 |



Q1-4. Is there enough sport activities in prison ?

Q1-16. Would you like to have physical formal education in prison?

| Country | Q1-4 | Q1-16 | Total |
|---------|------|-------|-------|
| LV | No | No | 22 |
| LV | No | Yes | 34 |
| LV | Yes | No | 17 |
| LV | Yes | Yes | 21 |



Q1-4. Is there enough sport activities in prison ?

Q1-16. Would you like to have physical formal education in prison?

| Country | Q1-4 | Q1-16 | Total |
|---------|------|-------|-------|
| MT | No | No | 2 |
| MT | No | Yes | 23 |
| MT | Yes | No | 3 |
| MT | Yes | Yes | 19 |



Q1-5. Do you feel that you are given enough opportunity to practice sports in prison?

Q1-13. Do you personally get enough support from the sport section in prison?

| Country | Q1-5 | Q1-13 | Total |
|---------|------|-------|-------|
| CY | No | No | 14 |
| CY | No | Yes | 12 |
| CY | Yes | No | 4 |
| CY | Yes | Yes | 37 |



Q1-5. Do you feel that you are given enough opportunity to practice sports in prison?

Q1-13. Do you personally get enough support from the sport section in prison?

| Country | Q1-5 | Q1-13 | Total |
|---------|------|-------|-------|
| DE | No | No | 48 |
| DE | No | Yes | 33 |
| DE | Yes | No | 11 |
| DE | Yes | Yes | 12 |



Q1-5. Do you feel that you are given enough opportunity to practice sports in prison?

Q1-13. Do you personally get enough support from the sport section in prison?

| Country | Q1-5 | Q1-13 | Total |
|---------|------|-------|-------|
| ES | No | No | 19 |
| ES | No | Yes | 29 |
| ES | Yes | No | 20 |
| ES | Yes | Yes | 157 |



Q1-5. Do you feel that you are given enough opportunity to practice sports in prison?

Q1-13. Do you personally get enough support from the sport section in prison?

| Country | Q1-5 | Q1-13 | Total |
|---------|------|-------|-------|
| FI | No | No | 5 |
| FI | No | Yes | 3 |
| FI | Yes | No | 2 |
| FI | Yes | Yes | 4 |



Q1-5. Do you feel that you are given enough opportunity to practice sports in prison?

Q1-13. Do you personally get enough support from the sport section in prison?

| Country | Q1-5 | Q1-13 | Total |
|---------|------|-------|-------|
| LV | No | No | 42 |
| LV | No | Yes | 12 |
| LV | Yes | No | 13 |
| LV | Yes | Yes | 25 |



Q1-5. Do you feel that you are given enough opportunity to practice sports in prison?

Q1-13. Do you personally get enough support from the sport section in prison?

| Country | Q1-5 | Q1-13 | Total |
|---------|------|-------|-------|
| MT | No | No | 4 |
| MT | No | Yes | 14 |
| MT | Yes | No | 0 |
| MT | Yes | Yes | 22 |



Q1-6. Do you practice sport in prison?

Q1-3. Do you prefer exercising in GROUP / ALONE ?

| Country | Q1-6 | Q1-3 | Total |
|---------|------|-------|-------|
| CY | Yes | Group | 36 |
| CY | Yes | Alone | 20 |
| CY | No | Group | 3 |
| CY | No | Alone | 4 |



Q1-6. Do you practice sport in prison?

Q1-3. Do you prefer exercising in GROUP / ALONE ?

| Country | Q1-6 | Q1-3 | Total |
|---------|------|-------|-------|
| DE | Yes | Group | 61 |
| DE | Yes | Alone | 10 |
| DE | No | Group | 18 |
| DE | No | Alone | 16 |



Q1-6. Do you practice sport in prison?

Q1-3. Do you prefer exercising in GROUP / ALONE ?

| Country | Q1-6 | Q1-3 | Total |
|---------|------|-------|-------|
| ES | Yes | Group | 133 |
| ES | Yes | Alone | 36 |
| ES | No | Group | 31 |
| ES | No | Alone | 21 |



Q1-6. Do you practice sport in prison?

Q1-3. Do you prefer exercising in GROUP / ALONE ?

| Country | Q1-6 | Q1-3 | Total |
|---------|------|-------|-------|
| FI | Yes | Group | 6 |
| FI | Yes | Alone | 66 |



Q1-6. Do you practice sport in prison?

Q1-3. Do you prefer exercising in GROUP / ALONE ?

| Country | Q1-6 | Q1-3 | Total |
|---------|------|-------|-------|
| LV | Yes | Group | 42 |
| LV | Yes | Alone | 23 |
| LV | No | Group | 10 |
| LV | No | Alone | 20 |



Q1-6. Do you practice sport in prison?

Q1-3. Do you prefer exercising in GROUP / ALONE ?

| Country | Q1-6 | Q1-3 | Total |
|---------|------|-------|-------|
| MT | Yes | Group | 23 |
| MT | Yes | Alone | 12 |
| MT | No | Group | 1 |
| MT | No | Alone | 2 |



How many hours per week do you exercise with the sport instructor?

| Country | Average time |
|---------|--------------|
| CY | 3,95 |
| DE | 1,31 |
| ES | 7,61 |
| FI | 3,00 |
| LV | 0,92 |
| MT | 5,67 |

All partners together : 4,26



How many hours per week do you exercise without the sport instructor?

| | |
|-----------|-----|
| No answer | 180 |
| 1 to 5 | 203 |
| 6 to 10 | 116 |
| 11 to 15 | 18 |
| 16 to 20 | 5 |
| 21 to 25 | 3 |
| 26 to 30 | 1 |



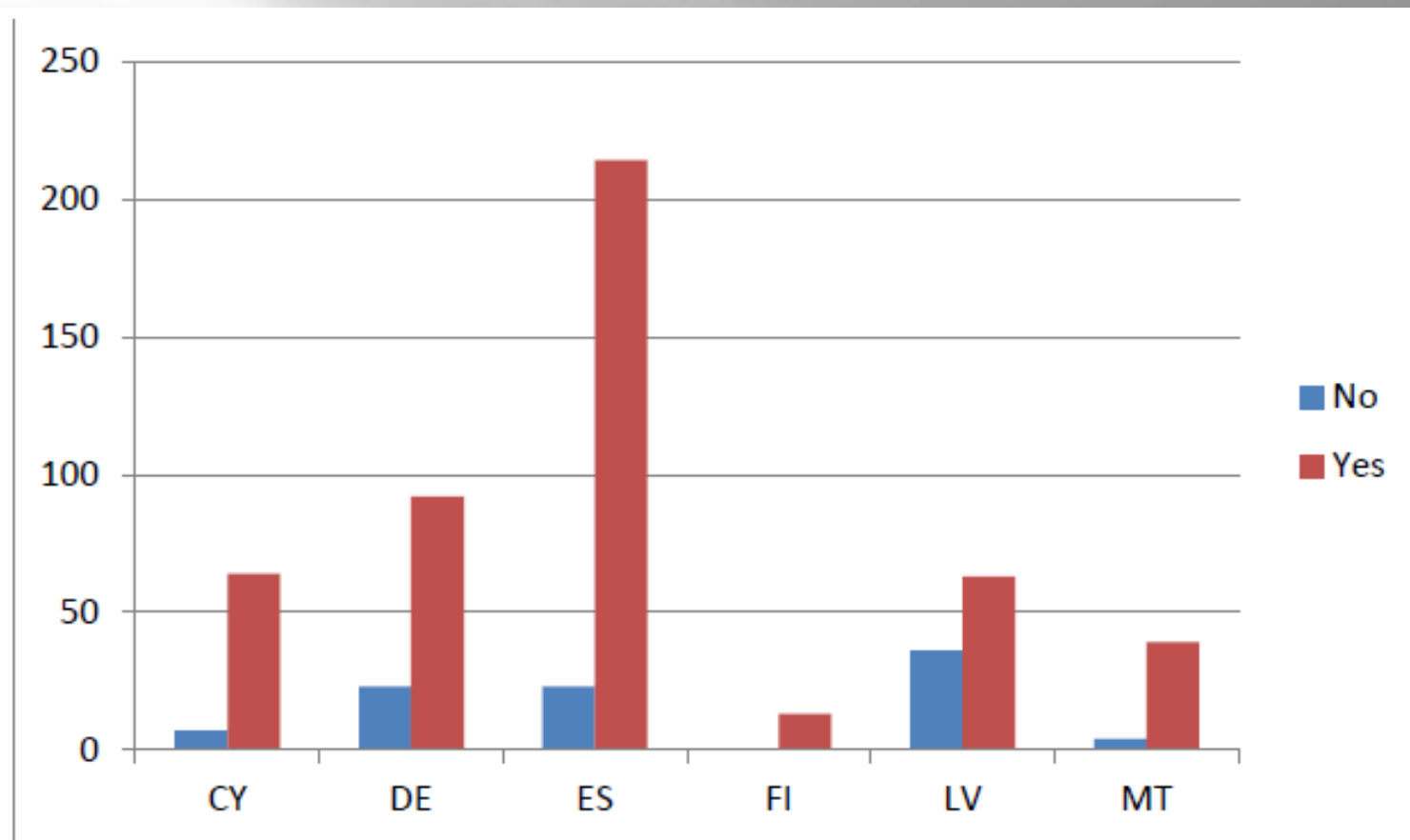
When practicing sport in prison,
please explain if it is for
(one answer only) :

| | |
|------------------------|-----|
| None answer | 60 |
| For fun | 28 |
| To leave the cell | 20 |
| To meet other inmates | 6 |
| To stay in good health | 231 |



When practicing sport in prison,
please explain if it is for
(several answers together) :

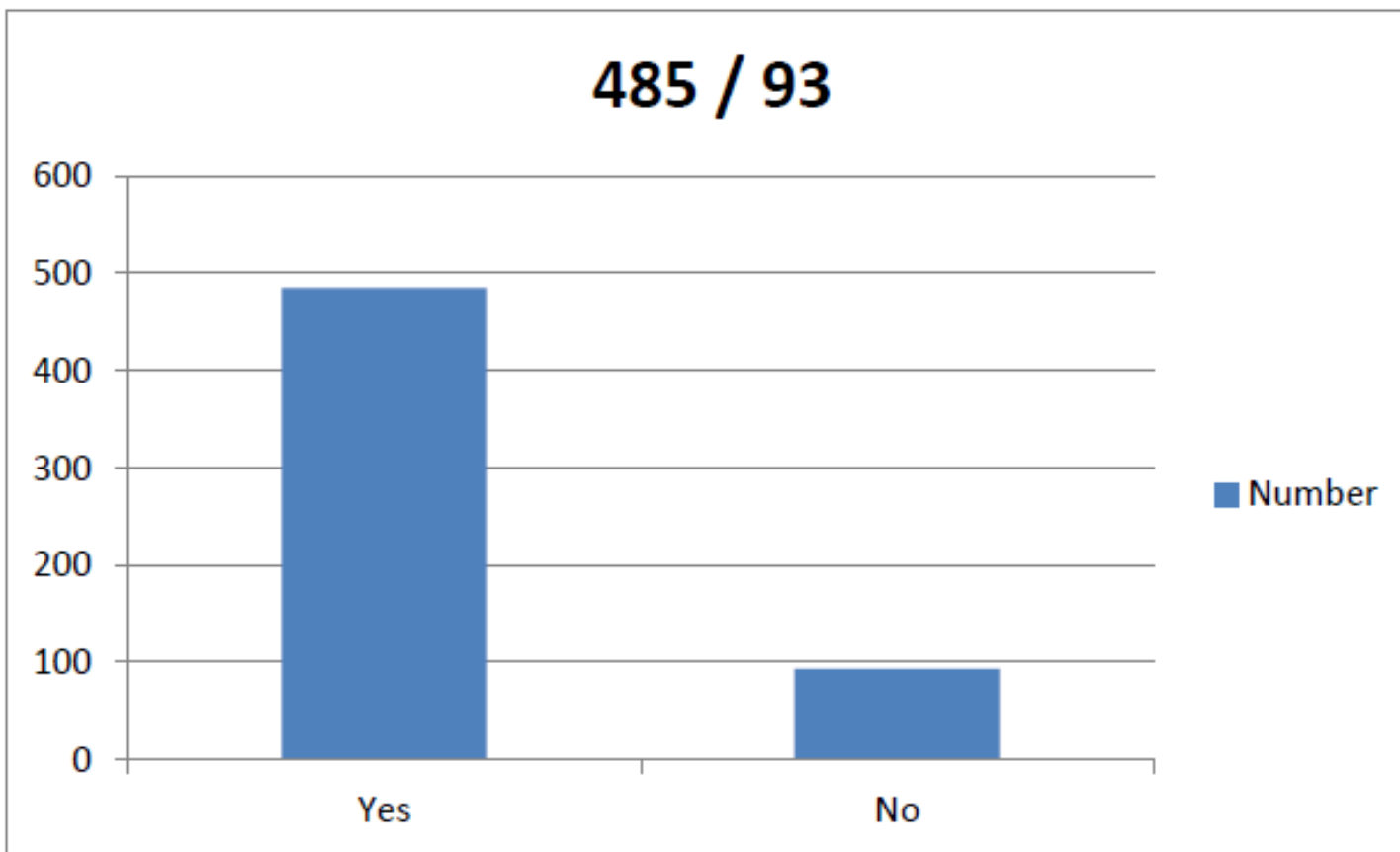
| For fun | To leave cell | To meet | For health | Total |
|---------|---------------|---------|------------|-------|
| | | X | X | 15 |
| | X | | X | 30 |
| | X | X | | 2 |
| | X | X | X | 5 |
| X | | | X | 93 |
| X | | X | | 1 |
| X | | X | X | 4 |
| X | X | | | 7 |
| X | X | | X | 28 |
| X | X | X | | 2 |
| X | X | X | X | 73 |



Does sport support your life in prison (per country) ?



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Does sport support your life in prison (all partners together) ?



Does sport in prison help you to improve your well-being?

| Country | YES / 497 | NO / 86 | Total / 583 |
|---------|-----------|---------|-------------|
| CY | 65 | 4 | 69 |
| DE | 95 | 23 | 118 |
| ES | 217 | 20 | 237 |
| FI | 13 | 1 | 14 |
| LV | 63 | 36 | 99 |
| MT | 44 | 2 | 46 |



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Is it useful that there are physical education instructors?

| Country | YES / 521 | NO / 58 | Total / 579 |
|---------|-----------|---------|-------------|
| CY | 63 | 4 | 67 |
| DE | 108 | 11 | 119 |
| ES | 219 | 15 | 234 |
| FI | 13 | 1 | 14 |
| LV | 75 | 24 | 99 |
| MT | 43 | 3 | 46 |



Do you think that there are enough sport facilities and equipment?

| Country | YES / 253 | NO / 332 | Total / 585 |
|---------|-----------|----------|-------------|
| CY | 35 | 37 | 72 |
| DE | 34 | 83 | 117 |
| ES | 130 | 104 | 234 |
| FI | 5 | 9 | 14 |
| LV | 29 | 72 | 101 |
| MT | 20 | 27 | 47 |



Does the staff support inmates in sport activities?

| Country | YES / 294 | NO / 278 | Total / 572 |
|---------|-----------|----------|-------------|
| CY | 51 | 18 | 69 |
| DE | 48 | 64 | 112 |
| ES | 89 | 147 | 236 |
| FI | 6 | 8 | 14 |
| LV | 64 | 31 | 95 |
| MT | 36 | 10 | 46 |



Do you think sports in prison could help you
to reintegrate after release?

| Country | YES / 431 | NO / 144 | Total / 575 |
|---------|-----------|----------|-------------|
| CY | 61 | 9 | 70 |
| DE | 93 | 21 | 114 |
| ES | 177 | 54 | 231 |
| FI | 14 | 0 | 14 |
| LV | 46 | 54 | 100 |
| MT | 40 | 6 | 46 |



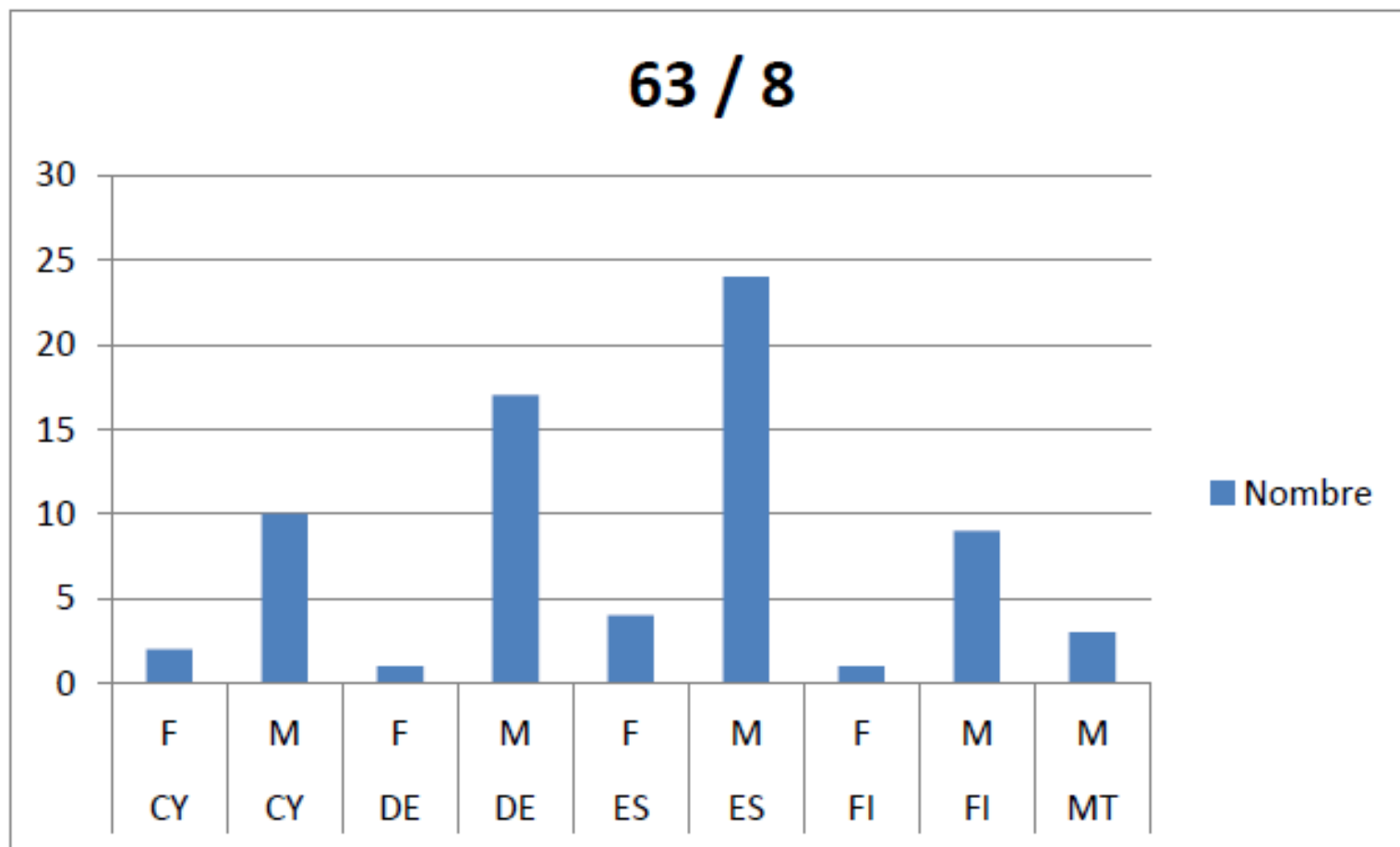
Q1-18. After your release, will you continue doing sports?

Q2-4.5 Do you think that sport in prison could have positive effects on inmates to help them to reintegrate society when released?

| Country | Q1-18 YES / 475 | Q1-18 NO / 97 | Q2-4.5 YES / 69 | Q2-4.5 NO / 1 |
|---------|--------------------|------------------|--------------------|------------------|
| CY | 66 | 4 | 11 | 0 |
| DE | 112 | 6 | 17 | 1 |
| ES | 184 | 43 | 28 | 0 |
| FI | 13 | 0 | 10 | 0 |
| LV | 63 | 35 | 0 | 0 |
| MT | 37 | 9 | 3 | 0 |



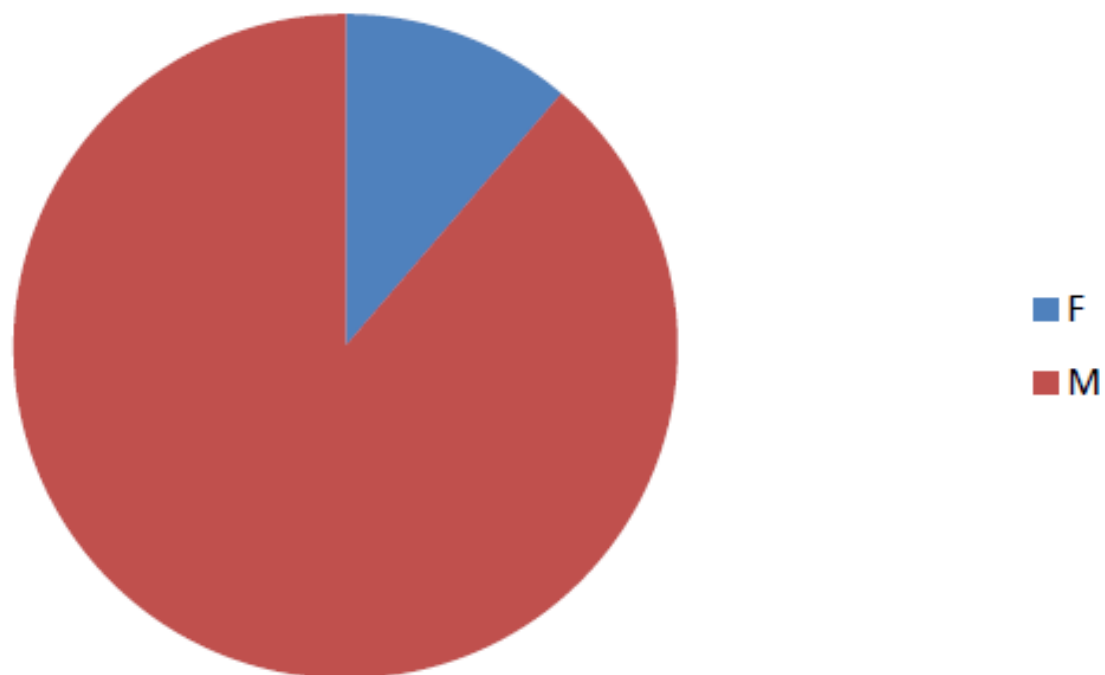
Q2 to Sport instructors Data



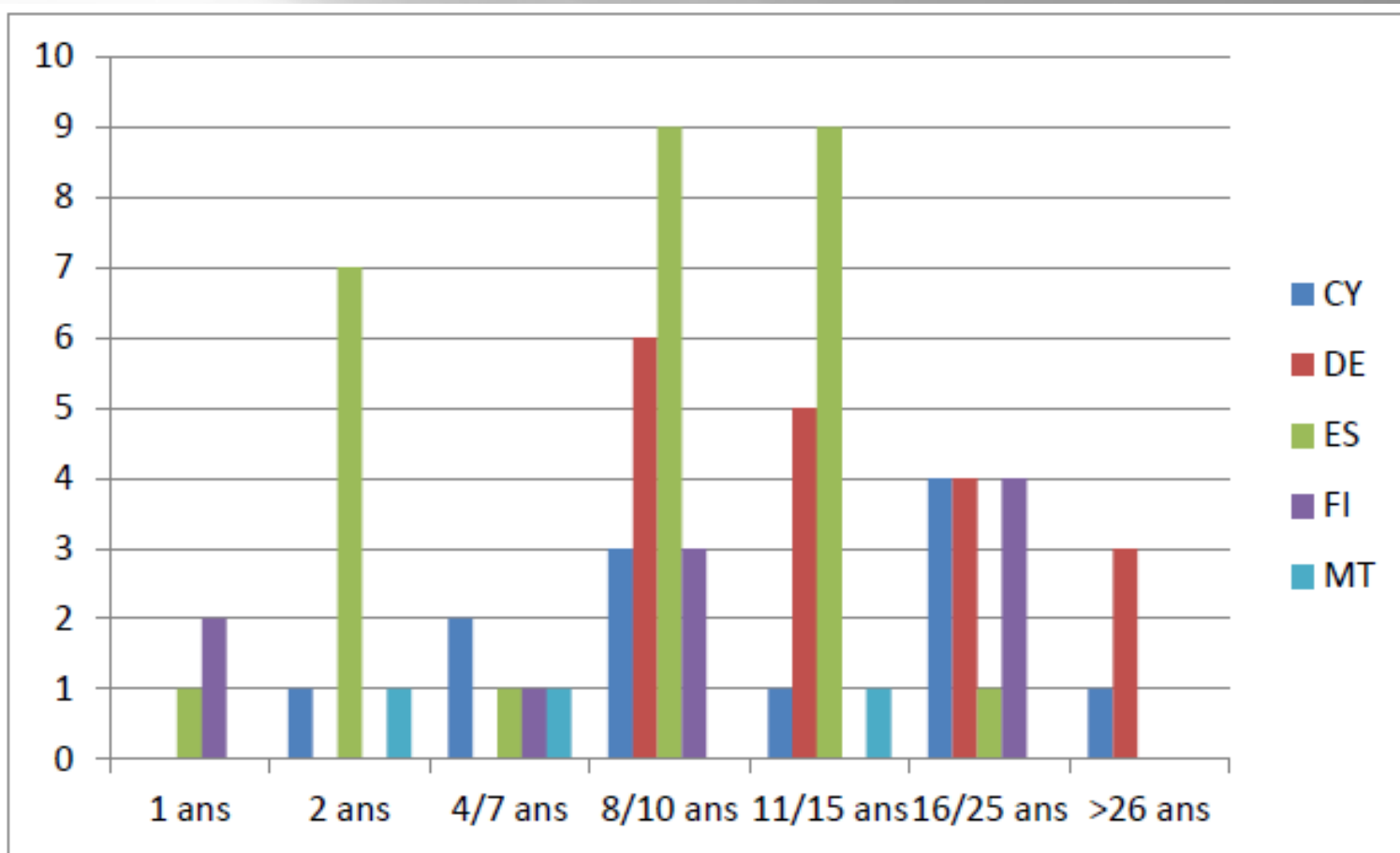
Sport instructors in prison (per countries)



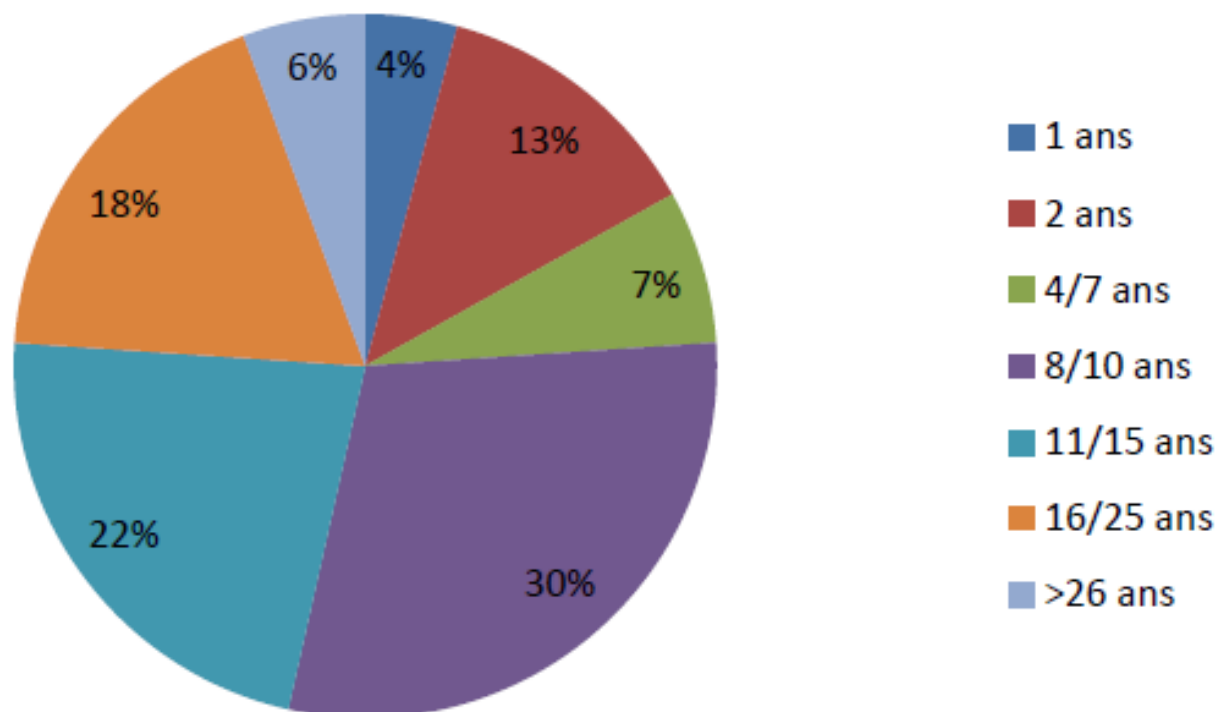
87,3 % / 12,7%



Sport instructors in prison (all partners)



Seniority in function (per partner)



Seniority in function (all countries together)

Analysis of collected data
September 23, 2017



Sport instructors are employed (all partners together) by

| | |
|---------------------------------|----|
| Ministry of Justice | 64 |
| Ministry of Sport | 0 |
| Sport federations | 6 |
| Local/Regional public community | 1 |



Q2-4.1 Do you regularly practice sport
after your work in prison for hobby?

Q2-4.2 Do you regularly teach sport after
your work in prison as professional too?

1/3

| Country | Q2-4.1 YES | Q2-4.1 NO | Q2-4.2 YES | Q2-4.2 NO | Total |
|---------|---------------|--------------|---------------|--------------|-------|
| CY | + | | + | | 7 |
| CY | + | | | + | 4 |
| CY | | + | + | | 1 |
| DE | + | | + | | 9 |
| DE | + | | | + | 7 |
| DE | | + | | + | 2 |



Q2-4.1 Do you regularly practice sport
after your work in prison for hobby?

Q2-4.2 Do you regularly teach sport after
your work in prison as professional too?

2/3

| Country | Q2-4.1 YES | Q2-4.1 NO | Q2-4.2 YES | Q2-4.2 NO | Total |
|---------|---------------|--------------|---------------|--------------|-------|
| ES | + | | + | | 6 |
| ES | + | | | + | 19 |
| ES | | + | + | | 2 |
| ES | | + | | + | 1 |
| MT | + | | + | | 2 |
| MT | | + | + | | 1 |



Q2-4.1 Do you regularly practice sport
after your work in prison for hobby?

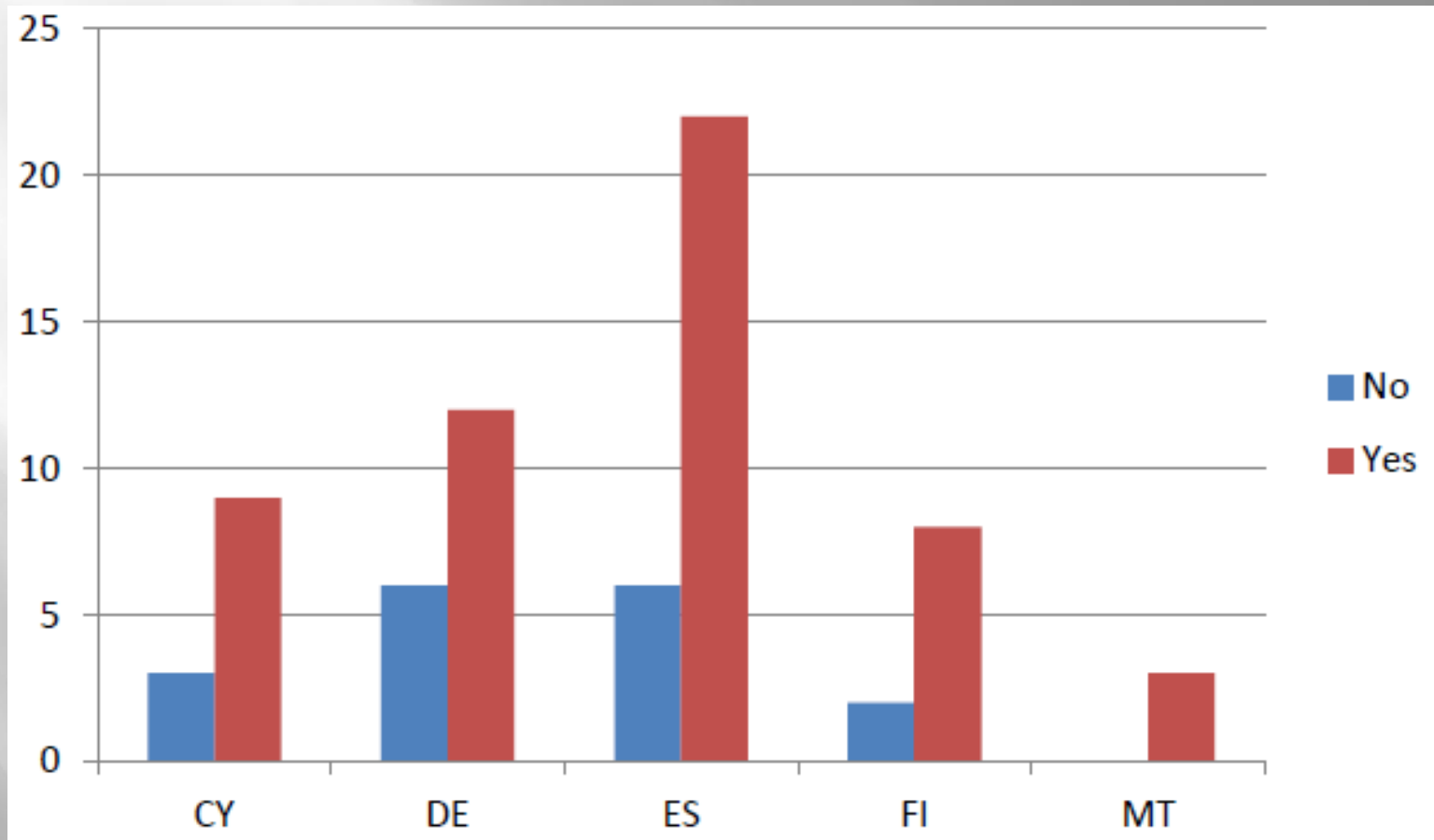
Q2-4.2 Do you regularly teach sport after
your work in prison as professional too?

3/3

| Country | Q2-4.1 YES | Q2-4.1 NO | Q2-4.2 YES | Q2-4.2 NO | Total |
|---------|---------------|--------------|---------------|--------------|-------|
| FI | + | | + | | 4 |
| FI | + | | | + | 5 |
| FI | | + | | + | 1 |

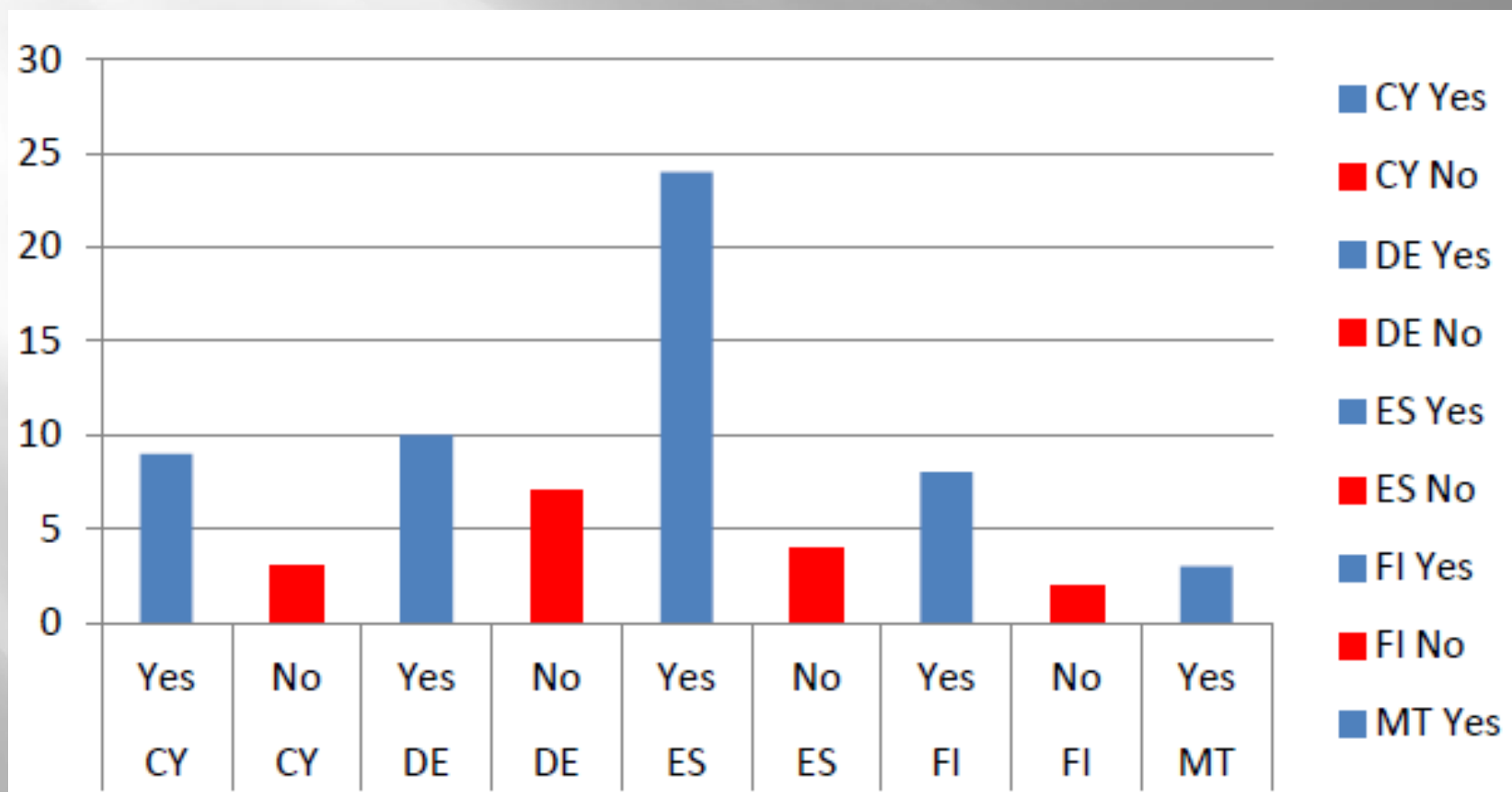


Q2-4.3 Do you think there are enough sport and physical activities in prison??





Q2-4.6 Do you think that sport in prison is given enough priority inside your institution?





Do inmates get enough support to practice physical and sport activities from prison staff?

| Countries | Inmates / YES Q1-13 | Inmates / NO Q1-13 | Sport instructors / YES Q2-4.7 | Sport instructors / NO Q2-4.7 |
|--------------|------------------------|-----------------------|-----------------------------------|----------------------------------|
| CY | 50 | 19 | 8 | 4 |
| DE | 49 | 60 | 13 | 5 |
| ES | 196 | 39 | 19 | 9 |
| FI | 7 | 7 | 8 | 2 |
| LV | 38 | 60 | 0 | 0 |
| MT | 38 | 6 | 3 | 0 |
| | | | | |
| TOTAL | 378 | 191 | 51 | 20 |



List of competences/values identified in Q1 and Q2
as POSITIVE through sport and physical activities

Annex 1



For MALTA : List of competences / values
(per activity/per country) to experiment so to develop the
acquisition of informal skills to help inmates to better prepare
their reintegration into society

| Sports | Competence n° 1 | Competence n° 2 | Competence n° 3 | Competence n° 4 | Competence n° 5 |
|--------|--------------------|--------------------|--------------------|--------------------|--------------------|
| ... | | | | | |
| ... | | | | | |
| ... | | | | | |
| ... | | | | | |
| ... | | | | | |
| ... | | | | | |



List of sports and physical activities
identified through Q1 and Q2
to support the acquisition of informal skills so
to help inmates to better prepare their reintegration into society

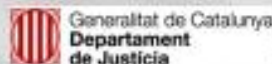
Annex 2



For MALTA: List of Sport and physical activities (per country)
to experiment so to develop the acquisition of informal skills
to help inmates to better prepare their reintegration into society

| Country | Sport n° 1 | Sport n° 2 | Sport n° 3 | Sport n° 4 | Sport n° 5 |
|---------|---------------|---------------|---------------|---------------|---------------|
| CY | | | | | |
| DE | | | | | |
| ES | | | | | |
| FI | | | | | |
| LV | | | | | |
| MT | | | | | |

7 partners from 7 EU state members



READY...GO Project

Application^o 2016-1-FR01-KA204-023846



The End...

Thank you