



**REPORT on M5 and Action note  
January 29-31, 2019 – NICOSIA (Cyprus)**

**DAY 1 / Full day in Cyprus prisons**

January 29, 2019	DAY 1
9:00	Partners will meet in the lobby for departure from the hotel to the prison
9:30 – 9:45	Welcome from the hosting organization (CY) Welcome from Director of Cyprus Prisons Department Mrs Anna Aristotelous
10:00 – 12:30	Visit of the prison
12:30 – 13:30	Lunch at the prison
13:30 - 16:30	Sport games and challenges between READY...GO participants and inmates with their sport instructors.
16:30	Back to the hotel
20:00	Will meet in the lobby to go to Traditional Taverna for dinner

During morning, READY...GO participants to last project' transnational meeting were guided through different areas and spaces of the Cyprus prison (closed prison, opened prison, education classrooms, workshops). They visited sports facilities in each area. They also met and discussed with inmates (males then females) and prison staffs such as wardens, teachers, officers, sport instructors, ...

Before lunch that was prepared by inmates (with same menu that the one served to all inmates that day) and offered by Cyprus Prison Department to READY...GO participants joined by local guests (such as Members of board of directors from Cyprus Sport Organisation) and prison staffs, all READY...GO participants were welcomed in the prison theatre place by Mrs Anna Aristotelous, director of the Cyprus prison since the last 4 years. Two videos about multicultural and sports activities then report on visits were shown, then came time for presents. READY...GO participants want to thank these attentions highly appreciated by all.

In the afternoon, READY...GO participants shared 3 different sport activities with inmates. First one, with female inmates, was a Step Aerobics lesson vigorously taught by Maria, sport instructor; READY...GO participants met Maria when she attended READY...GO C1 activity in Germany (Saarbrücken) in October 2017. Maria belongs to the team of 6 sport instructors that implemented the READY...GO tool with inmates during a 12month period, but she is staff of Cyprus Sports Federation that delegates her to Cyprus Prison Department under a joined agreement that exists since several years between both institutions.

Then READY...GO participants shared several mini-challenges in racket games with sex-offender inmates that live in a closed unit separated from other male inmates. This activity was prepared and supervised by Damianos that is also one staff of the group of sport instructors



that implemented the READY...GO tool; Damianos attended C2 activity in Spain (Barcelona) last October 2018.

Finally, the 3<sup>rd</sup> and last sport activity shared by all including prison staffs and inmates was a football competition highly appreciated with lot of publics. As usual, in any of our prisons' visits during READY...GO, some very good players from our partnership shared this sport activity among inmates and staffs. The referee here was Sotiris, one sport instructor (also prison staff) belonging to the group of 6 implementors; he was involved in the project transnational meeting we had in Latvia (June 2017).

We would like to take the opportunity to renew our sincere thanks to Cyprus prison local project coordinator, Tasos, for the great organization he did that day (and following ones) and all sport instructors that are really involved in Physical Activities and Sports with inmates.

## **DAY 2**

January 29, 2019	DAY 2
<b>9:00 – 12:30</b>	<p><i>Partners will work in a meeting room of the hotel (Day 2 and Day 3) Coffee breaks are included in sessions.</i></p> <p>Following works will be organized in plenary and/or sub-groups</p> <ul style="list-style-type: none"> <li>- Feedback on Assessments 1-2-3 (FR)</li> <li>- Philosophy and goals (local project coordinators)</li> <li>- CCC Indicators (sport teachers involved in implementations)</li> <li>- New CCC / "Mobility" (all together as a start, then sport teachers)</li> <li>- Manual for user (all together as a start, then local project coordinators)</li> <li>- Presentation of VALMOPRIS tool for validation (FR)</li> <li>- Certification (LV/FR/CY)</li> </ul>
<b>12:30 – 13:30</b>  <b>13:30 – 14:30</b>  <b>15:00 – 16:00</b>	<p><i>Short explanations about PSG individual meetings – Agenda For these specific financial reporting workshops, please refer to specific note.</i></p> <p><i>Lunch at the hotel</i></p> <p>Individual PSG meeting (FR/??)</p> <p>Individual PSG meeting (FR/??)</p> <p>Individual PSG meeting (FR/??)</p>

Day 2 started with a brainstorm exercise on Day 1 and all partners agreed that this full day in prison with sport activities and visits was very fruitful. All comments were very positive, the majority being based on the quiet atmosphere within the prison environment, the confidence that seems to appear between inmates and prison staffs and, at least but not last, the



investment (energy, motivation, budget) demonstrated by the prison director who is really involved in a large range of changes since last 4 years.

For memory, initially, the visit to prison with sport activities was planned on Day 2 but due to the fact that sport instructors were not available on Day 2, the visit and parallel activities in prison were moved to Day 1 (that also could explain why no CY sport teachers attended transnational meeting on Day 2).

As second point of Day 2, the coordinating organization shown a PPT presentation relative to the assessments realized during 12 months, from October 2017 till October 2018. This support can be seen by clicking [here](#). Assessments 1-2-3 from one partner were still missing that day; they will be added in a very near future so to have a complete overview of the implementation phase (IO5), then support will be uploaded on READY...GO platform when totally fulfilled.

Being the last time partners met and due to 2 collateral parameters that were:

1. the fact that only 3 partners completed their preparatory works (with respect to deadline of January 10, 2019 before Cyprus transnational meeting as a result from C2 activities hold last October 2018),
2. a lack in number of sports instructors that were supposed to participate to this last meeting with each local project coordinators,

it has not been possible for the project coordinator to organize tasks in sub-groups as planned on the [M5 agenda](#) for reduction of CCC indicators (with sport teachers) while, in parallel, local project coordinators should have worked in sub-group too on "READY...GO Manual for user".

But these tasks being compulsory (as we all met for last time before READY...GO project ends), the whole group stayed in plenary assembly (unfortunately with, by evidence, a real lack of group dynamic that fortunately participants recovered for dinner). For sure, this observation added to permanent phone calls, WhatsApp messages, parallel conversations and/or live works (still due from months) did not help to go through so that, by lunch, revision of CCC indicators was not yet finished while works on "Manual for user" did not start yet, with collateral negative effects on PSG individual meetings. So, partners were asked to work after lunch and only one PSG individual meeting with DE took place (as their 2 participants were flying back home on Day 3). For sure, result was that 2 individual PSG meetings needed to be added on Day 3 to the already 3 ones that were planned (*we will come back on this particular point during Day 3 comments*).

Finally, when Day 2 meeting ends, the READY...GO plenary group of participants was able to validate common goals such as:

- Revision of CCC indicators for 6 prior CCC (among the 16 ones that were worked these last 30 months)/ IO 5, the 10 more ones will be delivered as ready and let to national adaptations
- Conclusions on identified inspiring practices / IO4



- Manual for user that was checked and validated in its different items (1<sup>st</sup> and 4<sup>th</sup> cover, summary, logos, slides to include in the text so to easy its reading) / IO 6,
- Recommendations to decision makers / IO 6
- Certification of attainment(s) was agreed even if some partners still do not see any interest in it (CY – FR – LV still want it as a recognition of cross-curricular competences held by learners)

*For memory, IO2 was concluded by September 2017 before C1 took place.*

The only one point of this meeting that has not been worked during CY last meeting (but also during C2 even if planned too) was the one that focuses on how to skill level(s) of competences that have been developed by learner. Unfortunately, and due to reasons already described, the coordinating organization did not find time to present the results from a previous project title VALMOPRIS through REVEAL, project that was shared too with LV partner. References to that specific point will be written (but not developed) in Manual of user so to be sure that sport instructors will be either in position to learn a little about it, or to develop/use their own one(s) scales.

To end the afternoon, all partners were made free except DE that joined FR for a final and individual PSG meeting, the content of it being to assembly all administrative and financial documentation that will be need to complete READY...GO final report with its annexes to be uploaded on @form report to French National Agency.

### **DAY 3 / Morning**

January 31, 2019	DAY 3
9:00 – 13:00	Preparation of READY...GO Final report (All partners)

After a short feedback on some type of presentation (prepared by MT) that documents should show in the "Manual for user", the full morning till lunch was dedicated in plenary assembly to the inventory of local/regional/national/European actions/activities that were developed individually/collectively by partners during the 30-month project duration.

Due to a lot of information coming from each partner that will have to be reported to demonstrate how involvement of each/all was successful, it was not realistic to think to finish that task (as FR coordinating organization had 5 individual PSG meetings to run in the afternoon, for reasons already explained under Day 2) so partners were asked to work on Point 6 (with sub-points 6.1 – 6.2 – 6.3) by no later than February 18, 2019 (please see Action notes).



### **DAY 3 / Afternoon**

As already written, 5 individual PSG meetings were held between 2:00 pm and 8:45 pm that makes, more or less, an average time of 1h30 per partner (MT - FI - ES - LV - CY). Unfortunately, this late time to end the last PSG individual meeting did not allow all partners to have dinner together, even if the CY coordinator already booked a local tavern. Partners should keep in mind why this last meeting finished late (in fact, FR led 5 PSG meetings instead of 3 as planned on the work agenda for reasons already developed when reporting on Day 2 morning).

I would like here to apologize again Tasos and send you our best thanks for your personal involvement in the meeting itself, for sure, but also in social times to share on evenings.

### **Action notes / PRIORITIES**

#### **For DE partner**

- ① Introductions to be written in English for documentation written in German that focus on sports (before uploading it on READY...GO platform). *This task was initially planned for beginning of December 2018*

#### **For LV partner**

- ② BY PRIORITY - please send all financial documentation
  - As scans in mails: staffs' agreements, expenses, certificates, ...
  - and TIMESHEETS / STAFF COSTS in ORIGINAL by post office service

#### **For CY partner**

- ③ PHOTOS from Day 1 and Day 2
- ④ Media articles from newspapers that were published during our stay

#### **For all partners**

- ⑤ BY PRIORITY - All of your financial documentation that were missing when checking it, and that were listed during PSG individual meetings



- ⑥ **With deadline on February 18, 2019** – Answers to question 6 (6.1 – 6.2 – 6.3) so to bring contributions to the READY...GO FINAL REPORT. *As agreed, the questions were sent to each local coordinator in WORD so to easy feedbacks.*
- ⑦ And for READY...GO partners who still will have **HOURS to declare in January 2019 and/or February 2019**, please do not forget to send ORIGINALS of timesheets (duly stamped, dates and signed) with final staff cost board (02) as well as Payslip of January 2019 just for staff that are concerned.

**REMINDER NOTE - NONE expenses NOR time passed on READY...GO project will be eligible AFTER February 28, 2019.**

Finally,

- ⑧ To the READY...GO WhatsApp group of administrators (Anja, Dieter, David), it's kindly reminded here our oral enquiry on Day 3 morning. Answer we got as being "just a group of friends who exchanges photos, news, ..." is not acceptable. Our enquiry will be reported to French NA in final report, for sure, but in meantime we kindly remind that some of the partners (France included) expressed their disagreement to see previous participants that left READY... GO project development still receiving news from that network.

Thank you very much