

The Philosophy of READY... GO

What is READY... GO? It's a European Project, earmarked sport in prison as a support for the acquisition of transferable skills to help inmates to better prepare their reintegration into society.

Analysing the current needs of inmates and sports instructors by sharing practices from different countries on methodology and good skills, with the aim to improve sports activities towards the goal.

Who are behind READY...GO? The team behind READY...GO consists of committed and experienced people from seven European countries (Cyprus, Germany, Finland, Spain, France, Latvia, Malta). The service professional providers have various profiles: they are prison managers, psychologists, education professionals, probation officers, sport instructors and supervisors, prison staffs, social workers and engineer with experience in both the world of prison and other scenes of education.

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Who is READY...GO for? This tool was originally designed, then developed and assessed in prison environment and with disadvantaged minors and young adults. This pedagogical instrument can support professionals working with inmates, known also as learners, trying to prepare them for reintegration back into society. This data will be led by the sport instructors in conjunction with social workers, reintegration and probation personnel and prison staffs, psychologists, ... and NGOs offering education in prisons.

Through the received experiences during project time, it's important to notice that either learners than professionals from other environments can take benefit from it.

What is the origin of this tool? The service professional providers of READY... GO were aware of the power of the sport activities and noticed from previous observations that benefits were not sufficiently explored as education. So, they joined to create a competence-based pedagogical pack, based on two initial questionnaires to inmates and sport instructors in prison. With the data obtained from the crossed analysis of these questionnaires, partners were confirmed in their initial idea that either inmates than sport instructors were in need of a structured pathway for identification of Cross-Curricular Competences.

What is a Cross-Curricular Competence? xxxxxxxxxxxx

What will you find in this tool? An easy way to observe and assess behaviours through sport activities to acquire and develop the above mentioned competences to facilitate learners to reintegrate into society.

In this pack, users will be able to find a variety of physical activities and sports as support for assessment classified in 4 types:

- ✓ Cooperation activities (xxxxxxxxx,
- ✓ Opposition activities (xxxxxxxxxxxxxx

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- ✓ Individual performances (xxxxxxxxxxxxx)
- ✓ Artistic physical practices (xxxxxxxxxxxxx)

How to use the READY... GO tool? 16 Cross-Curricular Competences are detailed in this tool and implementations teach that 6 among these 16 are prior to other ones, that are: AUTONOMY – CIVIC & SOCIAL ATTITUDE – CONFLICT MANAGEMENT – PROBLEM SOLVING - TAKING RESPONSIBILIITY - TEAM WORKING.

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Why is Assessment important? It is essential to evaluate whether the pedagogical goals and standards of the teaching units are being met. Assessment is an integral part of instruction, as it determines whether or not the goals of courses are being fulfilled. Assessment can be of good help for early school leavers, low skilled public... to show positive recognition. Assessment inspire us to ask these questions "*Are we teaching what we think we are teaching?*", "*Are learners learning what they are supposed to be learning?*", "*Is there a way to teach the subject better, thereby promoting better learning?*".

Today's learners need also skills that will allow them to face a world that is continually changing. They must be able to think critically, to analyse and to transfer what has been learned to other contexts. Professionals need to take an active role in making decisions about the purpose of assessment and the content that is being assessed.

xxxxxxxxx project partners propose some quick and easy assessment tools (for professionals then for learners) at the same time as they have introduced at the end of each teaching unit a collection sheet of evaluation method.

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