code	Name sequence	Overall th	houghts Negative	Recommendations	Date / start - end		_			Professional's feeling	Overall
		Positive Negative			Duration real / Planned	Room org.	1 ind	C comfortable	Learners'interest	t C comfortable ch U uncomfortable	00000
					Participants	Ĩ	2 pair	U uncomfortable	according to teach		
					Professionals		3 group	T tense	1 to 6	T tense	
E1	My own spot		It took longer than expected		22/10/2018; 18(37 average	Class	3	С	5	С	
		They were excited about	and was a little hard to make		age); Teacher						
		carrying out the course and	them understand the								
		took it like a challenge, and also	acivities in the course and								
		because they show much	the commitment they were								
		interest in their learning and	about to make.								
		cultural process in general.									
		Later on this activity was									
		complemented with the									
		Mandala (expectations) and the									
		letter (E11)									
P1	Mind and Dady				22/10/2018, 21: T	Lingth comment	2.2				
Р1	Mind and Body				23/10/2018; 21; Teacher and	Unit yard	2, 3	С	4	С	$\overline{\mathbf{O}}$
P18	Collaboration (aka Rock and water)		Hard to follow the rules of	You need to focus on the	Sport teacher (Fernando) 24/10/2018 09:30 - 10:45	Unitward	1, 2, 3	С	5	С	-
r 10		We had fun; some learned they		instructions so as to clearly	24/10/2018 09:30 - 10:45 1h/1h15min 21 (26 - 46 y.o.)	Unit yard	1, 2, 5	Ľ	5	Ľ	<u></u>
		could success in some exercises	the game	understand the games	Teacher and Sport teacher						
		which they think they couldn't.		understand the games	reacher and sport teacher						
		High level of engagement on									
		the whole; stress release,									
		emotions release, help partners									
		to help the team									
P17	Life in pieces	Since we didn't have wooden	Some learners found this		30/10/2018; 20; Teacher	Class	1	С	5	С	-
		sets, we worked by interlocking	activity hard because they								\odot
			couldn't get the right								
			proportion; but it is								
			reasonable since we had to								
			adapt it with the								
			geometrical figures.								
13	Cooking for charity		Unable to do the whole		23/10/2018; 2h / 1h 15'; 21;	Class	3	С	5	С	
			activity		Teacher (Ramón)						<u></u>
		We could only do the 1st									
		part(cooking forbidden); they									
		discovered that by designing a					1				
		menu they could gain									
		awareness towards the									
		underprivileged groups, and it									
		is just a matter of organization and cooperation					1				
E8	We get informed	Done as expected; deals with	Respecting speaking times		08/11/2018; 21; Teacher	Class	3	С	4	С	1
-0	We Set morned	aspects we usually deal with in	nespecting speaking tilles		50, 11, 2010, 21, Teachel	C1033	,	C C	7	C C	
		our regular syllabus in the									
		communication area									
		area							1		
E11	Letter to my own	We adapted it by relating it to			23/10/2018; 18; Teacher	Class	1	С	6	С	_
		the coloring of mandalas (P24)									•
		reflecting expectations of the									
		course									
S13	Together we can make it			For some reflection after the	24/10/2018; 22; Teacher and	Yard	1, 2, 3	С	6	С	
				activity, I asked learners	sport teacher (Fernando)		1				✓
				questions about how they felt		1	1				
				before, during and after							

020										
20	Building a street Enlightened communication - Billy Ellliot			21/11/2018; All teachers and	Events	1	С	6	С	•
-	Empreired commandation Dmy Emoc			students	room	-	6	Ū	c	<u> </u>
		We used another film full of								
		values (Campeones, by Javier								
		Fesser), which was proposed by	,							
		the prison as mandatory								
		activity to celebrate the 40th								
		anniversary of the Spanish								
		consitution, with the presence								
		of the scriptwriter and some of								
		the actors. The experience was								
		very positive, since the theme								
		of social integration through								
		sports and with a comical point								
		of view connected perfectly								
		with our students. After this								
		viewing, very good reflections								
		were made in writing and with								
		drawings.								
		All the values contained in the								
		film were worked in a very								
		different way, at the level of								
		written reflection and also at								
		the graphic level. Finally we								
		made some wallcharts about								
		this work that were very								
		interesting.								1
14	Strict and flexible									
0										
12	Ear talking			26/10/2018; 21; Teacher	Class	1	С	6	С	<u>.</u>
13	Look good, feel good									
13			We didn't have a laptop, nor	26/10/2018; 21; Teacher 26/10/2018; 19; Teacher	Class Class	1 1, 2, 3	C	6	c c	
E13	Look good, feel good		We didn't have a laptop, nor							
E13	Look good, feel good		internet, but we used some							
E13	Look good, feel good		internet, but we used some downloaded pictures. Some							
13	Look good, feel good		internet, but we used some							
13	Look good, feel good		internet, but we used some downloaded pictures. Some learners found it hard to understand what "the							
13	Look good, feel good		internet, but we used some downloaded pictures. Some learners found it hard to understand what "the cloud" is without							
13	Look good, feel good My first steps with digital equipment		internet, but we used some downloaded pictures. Some learners found it hard to understand what "the	26/10/2018; 19; Teacher	Class	1, 2, 3	C	4	c	<u></u>
13	Look good, feel good		internet, but we used some downloaded pictures. Some learners found it hard to understand what "the cloud" is without	26/10/2018; 19; Teacher 14/11/2018; 34; Teacher and						
13	Look good, feel good My first steps with digital equipment	Most of the activities in this	internet, but we used some downloaded pictures. Some learners found it hard to understand what "the cloud" is without	26/10/2018; 19; Teacher	Class	1, 2, 3	C	4	c	<u></u>
13	Look good, feel good My first steps with digital equipment	Most of the activities in this sequence were approached	internet, but we used some downloaded pictures. Some learners found it hard to understand what "the cloud" is without	26/10/2018; 19; Teacher 14/11/2018; 34; Teacher and	Class	1, 2, 3	C	4	c	<u></u>
13	Look good, feel good My first steps with digital equipment	sequence were approached	internet, but we used some downloaded pictures. Some learners found it hard to understand what "the cloud" is without	26/10/2018; 19; Teacher 14/11/2018; 34; Teacher and	Class	1, 2, 3	C	4	c	<u></u>
13	Look good, feel good My first steps with digital equipment	sequence were approached from open discussion (social	internet, but we used some downloaded pictures. Some learners found it hard to understand what "the cloud" is without	26/10/2018; 19; Teacher 14/11/2018; 34; Teacher and	Class	1, 2, 3	C	4	c	<u></u>
13 12	Look good, feel good My first steps with digital equipment	sequence were approached from open discussion (social networks, security passwords,	internet, but we used some downloaded pictures. Some learners found it hard to understand what "the cloud" is without	26/10/2018; 19; Teacher 14/11/2018; 34; Teacher and	Class	1, 2, 3	C	4	c	<u></u>
13	Look good, feel good My first steps with digital equipment	sequence were approached from open discussion (social networks, security passwords, media, fake news); some	internet, but we used some downloaded pictures. Some learners found it hard to understand what "the cloud" is without	26/10/2018; 19; Teacher 14/11/2018; 34; Teacher and	Class	1, 2, 3	C	4	c	<u></u>
13 12	Look good, feel good My first steps with digital equipment	sequence were approached from open discussion (social networks, security passwords, media, fake news); some weren't done. We took the	internet, but we used some downloaded pictures. Some learners found it hard to understand what "the cloud" is without	26/10/2018; 19; Teacher 14/11/2018; 34; Teacher and	Class	1, 2, 3	C	4	c	<u></u>
13 12	Look good, feel good My first steps with digital equipment	sequence were approached from open discussion (social networks, security passwords, media, fake news); some weren't done. We took the opportunity of a journalist's	internet, but we used some downloaded pictures. Some learners found it hard to understand what "the cloud" is without	26/10/2018; 19; Teacher 14/11/2018; 34; Teacher and	Class	1, 2, 3	C	4	c	<u></u>
13 12	Look good, feel good My first steps with digital equipment	sequence were approached from open discussion (social networks, security passwords, media, fake news); some weren't done. We took the opportunity of a journalist's speech who was invited to	internet, but we used some downloaded pictures. Some learners found it hard to understand what "the cloud" is without	26/10/2018; 19; Teacher 14/11/2018; 34; Teacher and	Class	1, 2, 3	C	4	c	<u></u>
13 12	Look good, feel good My first steps with digital equipment	sequence were approached from open discussion (social networks, security passwords, media, fake news); some weren't done. We took the opportunity of a journalist's speech who was invited to prison to celebrate the 40th	internet, but we used some downloaded pictures. Some learners found it hard to understand what "the cloud" is without experiencing it.	26/10/2018; 19; Teacher 14/11/2018; 34; Teacher and	Class	1, 2, 3	C	4	c	<u></u>
13 12	Look good, feel good My first steps with digital equipment	sequence were approached from open discussion (social networks, security passwords, media, fake news); some weren't done. We took the opportunity of a journalist's speech who was invited to prison to celebrate the 40th anniversary of the constitution	internet, but we used some downloaded pictures. Some learners found it hard to understand what "the cloud" is without experiencing it.	26/10/2018; 19; Teacher 14/11/2018; 34; Teacher and	Class	1, 2, 3	C	4	c	<u></u>
13 12	Look good, feel good My first steps with digital equipment	sequence were approached from open discussion (social networks, security passwords, media, fake news); some weren't done. We took the opportunity of a journalist's speech who was invited to prison to celebrate the 40th	internet, but we used some downloaded pictures. Some learners found it hard to understand what "the cloud" is without experiencing it.	26/10/2018; 19; Teacher 14/11/2018; 34; Teacher and	Class	1, 2, 3	C	4	c	<u></u>
13 112 66	Look good, feel good My first steps with digital equipment Let's learn about social networks	sequence were approached from open discussion (social networks, security passwords, media, fake news); some weren't done. We took the opportunity of a journalist's speech who was invited to prison to celebrate the 40th anniversary of the constitution to tackle these topics.	internet, but we used some downloaded pictures. Some learners found it hard to understand what "the cloud" is without experiencing it.	26/10/2018; 19; Teacher 14/11/2018; 34; Teacher and	Class	1, 2, 3	C	4	c	•
5 5 5 5 13 13 13 13 14 14 14 14 14 14 14 14 14 14 14 14 14	Look good, feel good My first steps with digital equipment Let's learn about social networks Burn down	sequence were approached from open discussion (social networks, security passwords, media, fake news); some weren't done. We took the opportunity of a journalist's speech who was invited to prison to celebrate the 40th anniversary of the constitution to tackle these topics.	internet, but we used some downloaded pictures. Some learners found it hard to understand what "the cloud" is without experiencing it.	26/10/2018; 19; Teacher 14/11/2018; 34; Teacher and invited journalist	Class	1, 2, 3	C	6	C C	<u></u>
13 112 66	Look good, feel good My first steps with digital equipment Let's learn about social networks Burn down	sequence were approached from open discussion (social networks, security passwords, media, fake news); some weren't done. We took the opportunity of a journalist's speech who was invited to prison to celebrate the 40th anniversary of the constitution to tackle these topics.	internet, but we used some downloaded pictures. Some learners found it hard to understand what "the cloud" is without experiencing it.	26/10/2018; 19; Teacher 14/11/2018; 34; Teacher and invited journalist	Class	1, 2, 3	C	6	C C	•
13 112 66	Look good, feel good My first steps with digital equipment Let's learn about social networks Burn down Growing stronger in adversity	sequence were approached from open discussion (social networks, security passwords, media, fake news); some weren't done. We took the opportunity of a journalist's speech who was invited to prison to celebrate the 40th anniversary of the constitution to tackle these topics.	internet, but we used some downloaded pictures. Some learners found it hard to understand what "the cloud" is without experiencing it.	26/10/2018; 19; Teacher 14/11/2018; 34; Teacher and invited journalist	Class	1, 2, 3	C	6	C C	•
13 12 6 5 30	Look good, feel good My first steps with digital equipment Let's learn about social networks Burn down Growing stronger in adversity Cooking is not an art	sequence were approached from open discussion (social networks, security passwords, media, fake news); some weren't done. We took the opportunity of a journalist's speech who was invited to prison to celebrate the 40th anniversary of the constitution to tackle these topics.	internet, but we used some downloaded pictures. Some learners found it hard to understand what "the cloud" is without experiencing it.	26/10/2018; 19; Teacher 14/11/2018; 34; Teacher and invited journalist 29/10/2018; 21; Teacher	Class	1, 2, 3 3 1, 2, 3	C C C	4	C C C	•
13 12 6 5 30	Look good, feel good My first steps with digital equipment Let's learn about social networks Burn down Growing stronger in adversity	sequence were approached from open discussion (social networks, security passwords, media, fake news); some weren't done. We took the opportunity of a journalist's speech who was invited to prison to celebrate the 40th anniversary of the constitution to tackle these topics.	internet, but we used some downloaded pictures. Some learners found it hard to understand what "the cloud" is without experiencing it.	26/10/2018; 19; Teacher 14/11/2018; 34; Teacher and invited journalist	Class	1, 2, 3	C	6	C C	•

P31	Learn to cope with anger	They enjoyed the questionnaire in Activity 8		30/10/2018; 20; Teacher	Class	1, 2, 3	С	5	С	<u>.</u>
	Learning about other beliefs	They learned from other religions they had never heard of. They especialy enjoyed and participated in Activity 4, when they had to share about their religion and were talking about religious festivities in their hometowns.	We were unable to invite a speaker	06/11/2018; 1h - 1 h; 21; Teacher (Ramón)	Class	1, 2, 3	C	4	с	•
53	Do you see what I see?									
P9	Singer			05 (44 /2040; 40; Tooshor	Class	1.2	<u> </u>	ć	<u> </u>	
Ρ24	All together now	We adapted this sequence joining it with E1 (rules) and E11 (Letter to my own); in a relaxed atmosphere learners made a mandala poster showing expectations on the course		05/11/2018; 19; Teacher	Class	1, 3	С	6	с	•
P12	Circle of courage									
57	No to inequity	We worked on this sequence some days after a speech on justice/rights/duties (7/11) given by the major of a town in Almeria, invited by the prison to celebrate the 40th anniversary of the constitution.	At certain point, when discussing about constitution and rights, inequality situtations such as slavery (after watching some photos as the activity suggests) the topic lead to learners' personal aspects regarding their crimes (many related to gender violence) and they focused on their view about the current position of women in society and how much they are taken into account. The teacher had to end the activity since the atmosphere was somehow tense and it was hard to reach an agreement.	15/11/2018; 21; Teacher (Constanza)	Class	1, 3	U/T	4	U	*
P29	Once upon a time	Went on very well; the contents are also included in our regular syllabus of the communication area, so it was well known by them.	We couldn't make the part where they create their own story for lack of time	08/11/2018; 19; Teacher (Constanza); 13/11/2018; 20; Teacher (Ramón)	Class	1, 2, 3	C	6	С	
	My portrait Copy your face	We adapted this activity by using photos from our surroundings that were related to our culture: Don Quijote, the map of Europe, a poster on Flamenco, a heart in one of the books from the classroom library	Not allowed to use cameras, so we started from Action 3	09/11/2018; 21; Teacher	Class	3	С	5	с	٣

S14		Learners answered questions such as why is this music significant? referring to rock, pop or flamenco.		Here we worked a lot on the vocabulary of musical genres in relation to the different moments of people's lives; and also the musical themes; many of them related to poetry, since it is through it that we best express our feelings.	12/11/2018; 20; Teacher	Class	1,3	c	6	c	٣
P10	My start position										
	Trust games My voice	They enjoyed relaxation exercises. The activity helped relaxing after the journalist's speech on media.			14/11/2018; 21; Teacher	Class	1	c	5	С	٢
51 P21	Core quadrants Look beyond borders										
	Dream your paradise	Through relaxation they freely drew a landscape related to autumn; some used mandalas again as a way to represent their dream paradise			13/11/2018; 19; Teacher	Class	1, 2	С	5	С	•
P11 F9	Mirror Getting ready for the working world										
516	Le's all have a party together	The prison manager, prison administrator (financial), the school manager (Juan Carlos) and the English teacher (Valeria), together with the tutor teacher (Fabiola) and the learners, gathered to close Cycle 1 of SERA. After a brief but congratulating speech by the prison manger, learners freely talked about their feelings and what they had experienced (see Note on Cycle 1 Implementation period). One by one they received their certificates followed by applause. They enjoyed this moment and felt good and relaxed in a not so formal atmosphere.	No cooking or eating		30/11/2018; 21; Teacher, prison manager, school manager and English teacher (Valeria)	Class	1, 3	C	6	C	