

# Report from Germany

## Ressourcenfinder

# who reports?

- Josef Schömann, bfw, Germany
  - Till 2010: Vocational training as professional focus with prisoners as the main target group
  - Experiences in european projects and networks concerning the reintegration of (ex-)offenders
  - 9 years managing trainings in the prison of Zweibrücken, together with Anja Rohr

# Why ‚Ressourcenfinder‘ in addition to education programs?

- often not enough female inmates with same interests, same requirements, time in prison, for the education programs
- many female inmates are multifactorial disturbed
  - lack of motivation
  - priority to other programs
- many of them do not know their potentials, strengths and skills
- to better the ability of the inmates to cope with life, a specific mentoring seems to be necessary

# Ressourcenfinder...

- help with the diagnostic procedures, the sentence- and rehabilitation-planning
- support the inmates from the beginning
  - to learn about their strengths and skills
  - to work on their own self decided subjects and goals for their future lifeplanning
  - to find suitable solutions for many difficult situations
  - to develop resilience for time after release
- Cooperate with teams inside, f.e.
  - to observe the inmates in different situations,
  - to exchange informations about specific potentials

# expected results

## by implementing ‚Ressourcenfinder‘

- It will help the female inmates
  - to develop
    - a better stability
    - more self esteem
  - to activate the own resources
  - to overcome own borders
- It will improve the basis
  - to cope with future challenges in self-responsibility
  - to participate in further developments in private and professional life

# What is done, what remains?

- Done:
  - Prison has started a new department for the access of the inmates in march 2015
  - Intensiv cooperation with the education center
  - The ProfilPass, an instrument for autonomous identification and balancing of abilities and skills, is regularly used
  - a deepened discussion about the ‚Ressourcenfinder‘-concept
  - Developing of new trainings, f.e. cook
- It remains:
  - Training of chosen staff
  - the assignment of the tasks

# FEFI and perspectives

- everlasting question:
  - Learning, personal development and imprisonment with high demands on security
- finding resources as a key aspect within the prison organisation
- transition management and aftercare
  - how to transfer the gained findings?
  - how to reduce the risks to fail after release?