

**538856-LLP-1-2013-1-DE-GRUNDTVIG-GMP**

## **Abstract Finland**

Q1: Female inmates have announced that they are motivated to take part into activities but does the wishes, needs, realities, circumstances and the length of the sentence meet each other?

Q2: Staff have announced the lack of resources: finances and personnel.

### **What should be done FIRST? -> Sentence Plan**

1. Health/mental care, substance abuse intervention,
2. Self-esteem, own strengths, behavioral rehabilitation
3. The realistic goals

### The example how to proceed:

Health care services ->Therapy / Rehabilitative programs ->Educational and employment related questions -> Supported steps to release

### **Notes:**

- Heterogeneity of the inmates (the length of the sentence, crime types, security issues, remand prisoners)
- Differences and possibilities between open and closed prison
- You can orientate /concentrate to education when the health problems, behavioral problems, the substance abuse problem and self-esteem related problems are taken care of

### **Suggestion:**

- Female inmate whose primary problems has been worked with (drug abuse, violence)
- Individual therapy and programs related to self-esteem (knows who she is and what she wants) *NEW: Retreat is starting in June 2015!*
- Educational orientation -> studying outside of prison walls (for example supervised probationary release)



- An inmate who has already been released teaches/mentors the other inmate in the activity centre (Monikko) outside of the prison walls