

# READY...GO Project

Sport in prison to support the acquisition of informal skills to help inmates to better prepare their reintegration into society

ERASMUS+

Application n° 2016-1-FR01-KA204-023846

## KICK-OFF Meeting



Erasmus+

Kick-off meeting in France  
November 28-30, 2016

# ? partners from ? EU members

## DAY 1



Italy ?

Malta



Isles of Canarias (ES)?

### READY...GO Project

Application° 2016-1-FR01-KA204-023846

# READY...GO Project

*Quick « Get to know each other »*

GOOD MORNING / THANK YOU



# ERASMUS+ Strategic Partnership READY...GO Project



Tasos



Pavlou

Cyprus Delegation

# ERASMUS+ Strategic Partnership READY...GO Project



Järmo



Petri

Finnish Delegation



# ERASMUS+ Strategic Partnership READY...GO Project



Bernd

German Delegation

# ERASMUS+ Strategic Partnership READY...GO Project



Luisa

Italian Delegation

# ERASMUS+ Strategic Partnership READY...GO Project



Aina

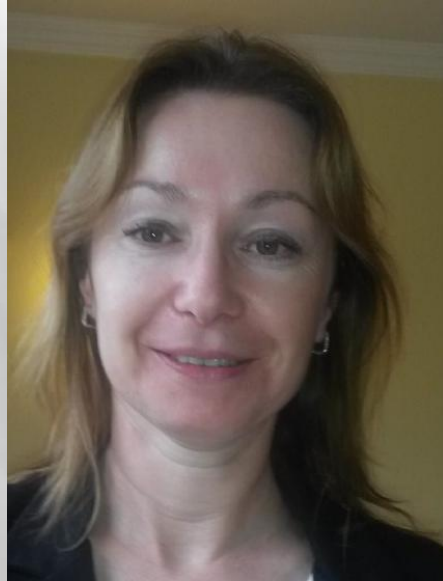


Olegs

Latvian Delegation



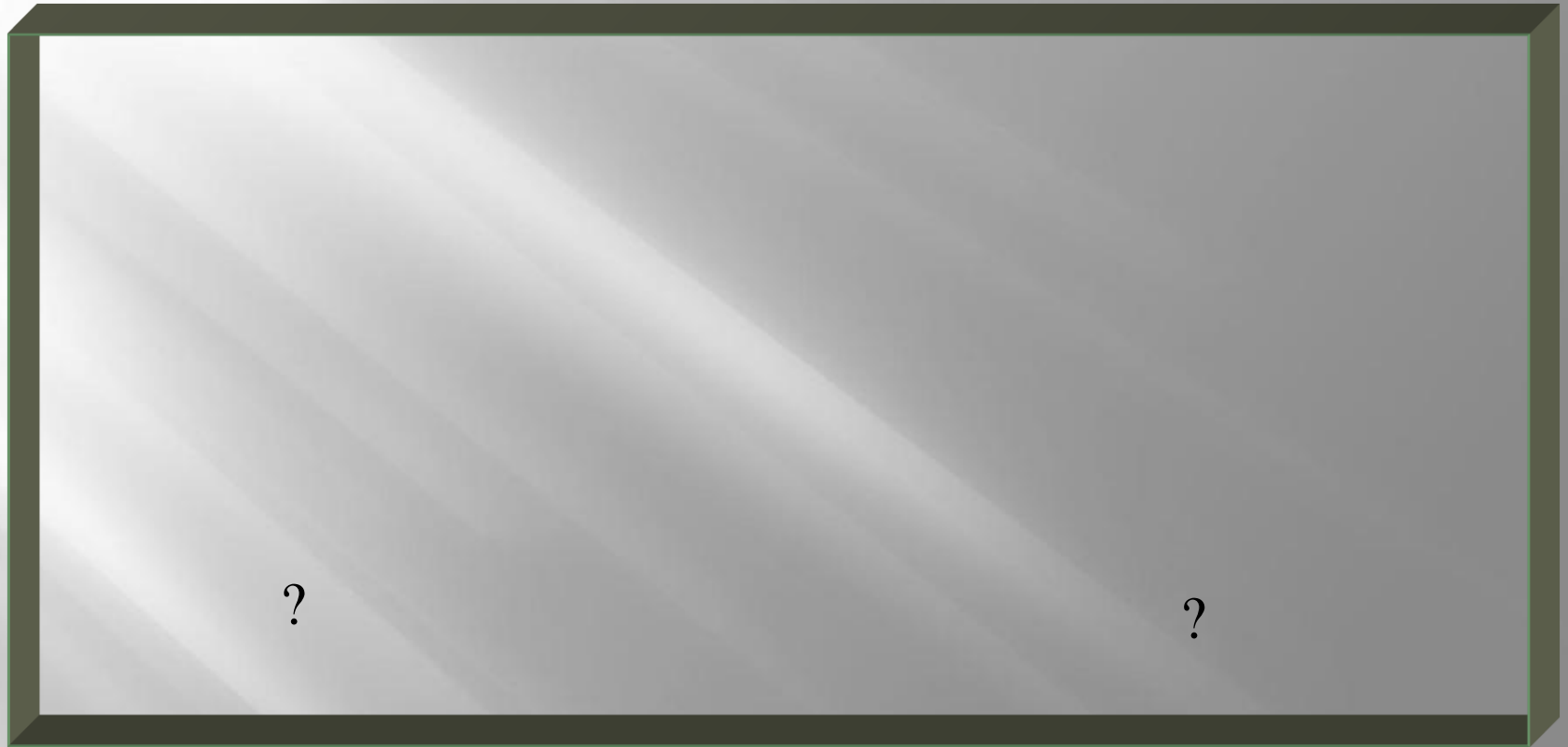
# ERASMUS+ Strategic Partnership READY...GO Project



Mariella

Maltese Delegation

# ERASMUS+ Strategic Partnership READY...GO Project



Spanish Delegation

# ERASMUS+ Strategic Partnership READY...GO Project



Dominique

French Delegation



# What is **READY...GO Project?**

**Project duration = 30 months  
from September 01, 2016  
till February 28, 2019**





# READY...GO PROJECT

Sport in prison to support the acquisition of informal skills to help inmates to better prepare their reintegration into society



# The Stages of the Project

- Carrying out the initial research (Questionnaires to inmates / Sport instructors)
- Identifying inspiring practices, methodologies, supports,...
- Creating a pedagogical support for the identification and the realization of transversal skills of informal type observed among the prisoners with the support of the PAS to help them to reintegrate a job into society after being released
- Validating competences' development as a result of these activities
- Considering the benefits within prison (indicators)
- Measuring the positive impact that validation can have on inmates and their motivation
- Organizing communication and dissemination
- Publishing findings and recommendations based on research and practices



# To do that, we need to...



- 1. Develop a common understanding** (*Formal, informal and non-formal education, Skills/abilities/competences, Physical Activities and Sport*)
- 2. Let inmates be at the centre of our works**
- 3. Consider the common practicalities of physical activities and sport (PAS) in prison contexts based from various national systems**
- 4. Identify suitable indicators to measure project' impacts**

# READY...GO



## Shared definitions

- 1 - Formal, Non-formal and Informal Education
- 2 – Competence = Knowledge + Skills + Attitudes
- 3 – Physical Activities and Sport



# 1 - Formal, Non-formal and Informal Education

Exercise with various situations of Education	<u>F</u>	<u>NF</u>	<u>I</u>
1 - Reading a book			
2 - Learning to play the guitar from a fellow prisoner			
3 - Hygiene course at prison (certified)			
4 - Doing a public reading of a poem the prisoner wrote himself			
5 - Working on a poster for prison			
6 - Watching a documentary			
7 - Getting an entry level qualification in ICT			
8 - Completing a psychological programme fighting alcoholism			
9 - Learning to bake a cake in a collective kitchen in prison			
10 - Practising language and conversation skills with a fellow prisoner			
11 - Completing a piece of art for a competition			
12 - Working with fellow prisoners to stage a theatre production			
13 - Sitting a University-level exam			
14 - <b>Getting sports coaching from fellow prisoners</b>			
15 -			
16 -			
17 -			
18 -			
19 -			
20 -			

# READY...GO

## 2 – Competence = Knowledge + Skills + Attitudes



Definitions



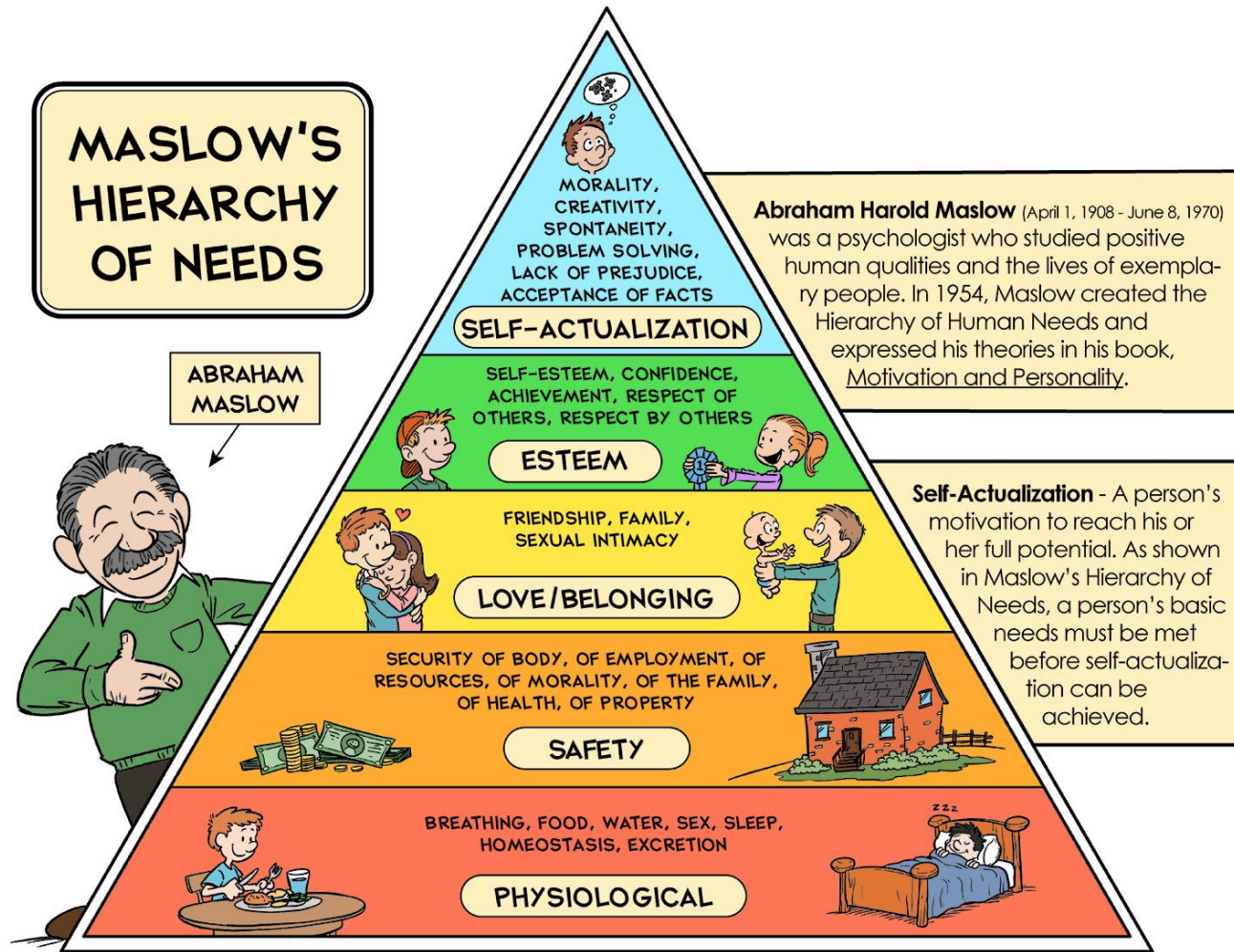
# READY...GO

## 3 – Physical Activities and Sport

**Does some partner know about any shared definition ?** (*such as health by WHO*)



# READY...GO project it's also



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# READY...GO Project



**READY...GO**

**Partnership Agreements  
with their Annexes**



# READY...GO Budget review



# READY...GO Project

## Annex IX

READY...GO Total Budget					
Project Management					€ 60 000,00
Meetings					€ 41 900,00
Intellectual Outputs					€ 93 203,00
Multiplier Events					€ 28 700,00
Travel for C1 and C2					€ 15 000,00
Individual Support					€ 29 400,00
Exceptional costs					€ 16 899,00
<b>Total Expenditure</b>					<b>€ 285 102,00</b>



# READY...GO Project

## Grants for Project Management

CY	DE	ES	FI	FR	LV	MT/IT
7 000 €	7 000 €	7 000 €	7 000 €	18 000 €	7 000 €	7 000 €

## 4 Transnational meetings (Cost per person) M1 - M2 - M3 - M4 - M5

*2 participants per country (except IT/MT just 1)*

	CY	DE	ES	FI	FR	LV	MT/IT
<1999km	575 euros (Travel, Accommodation, Meals)						
>2000km	760 euros (Travel, Accommodation, Meals)						

[http://ec.europa.eu/programmes/erasmus-plus/resources\\_en#tab-1-4](http://ec.europa.eu/programmes/erasmus-plus/resources_en#tab-1-4)



# READY...GO Project

## IO1 - Working platform

<b>DAYS</b>	<b>CY</b>	<b>DE</b>	<b>ES</b>	<b>FI</b>	<b>FR</b>	<b>LV</b>	<b>MT/IT</b>
CAT 1							
CAT 2							
CAT 3					34		
CAT 4							

## IO2 - Questionnaires to Inmates and Sport Monitors

<b>DAYS</b>	<b>CY</b>	<b>DE</b>	<b>ES</b>	<b>FI</b>	<b>FR</b>	<b>LV</b>	<b>MT/IT</b>
CAT 1							
CAT 2	10	10	10	10	10	10	10
CAT 3				3			
CAT 4							



# READY...GO Project

## IO3 - Analyse of data collected with questionnaires

<b>DAYS</b>	<b>CY</b>	<b>DE</b>	<b>ES</b>	<b>FI</b>	<b>FR</b>	<b>LV</b>	<b>MT/IT</b>
CAT 1							
CAT 2					15		
CAT 3							
CAT 4							

## IO4 - Inventory of inspiring practices

<b>DAYS</b>	<b>CY</b>	<b>DE</b>	<b>ES</b>	<b>FI</b>	<b>FR</b>	<b>LV</b>	<b>MT/IT</b>
CAT 1							
CAT 2	1	2	2	2	4	1	6
CAT 3							
CAT 4							

# READY...GO Project

**IO5 - Creating and testing pedagogic support to identify and valorize informal competences for inmates to better reintegrate job and society after release**

<b>DAYS</b>	<b>CY</b>	<b>DE</b>	<b>ES</b>	<b>FI</b>	<b>FR</b>	<b>LV</b>	<b>MT/IT</b>
CAT 1							
CAT 2	48	48	48	48	48	48	48
CAT 3							
CAT 4							

**IO 6 - Methodological guide and Recommendations**

<b>DAYS</b>	<b>CY</b>	<b>DE</b>	<b>ES</b>	<b>FI</b>	<b>FR</b>	<b>LV</b>	<b>MT/IT</b>
CAT 1							
CAT 2	10	5	5	5	7	5	5
CAT 3	5						
CAT 4							

# READY...GO Project

## IO7 - Glossary

<b>DAYS</b>	<b>CY</b>	<b>DE</b>	<b>ES</b>	<b>FI</b>	<b>FR</b>	<b>LV</b>	<b>MT/IT</b>
CAT 1							
CAT 2	2	2	2	2	2	7	2
CAT 3							
CAT 4							

## IO 8 - Supports of communication

<b>DAYS</b>	<b>CY</b>	<b>DE</b>	<b>ES</b>	<b>FI</b>	<b>FR</b>	<b>LV</b>	<b>MT/IT</b>
CAT 1							
CAT 2							
CAT 3	5						
CAT 4							

# READY...GO Project

C1 in Germany / C2 in Spain  
Peer to Peer Training Courses *(5 full compulsory days on site)*

<b>Travel / Person</b>	<b>CY</b>	<b>DE</b>	<b>ES</b>	<b>FI</b>	<b>FR</b>	<b>LV</b>	<b>MT/IT</b>
<1999km	275 euros / participant						
>2000km	360 euros / participant						
N° Part.	3 + 4	4 (C2)	3 (C1)	3 + 4	3 + 4	3 + 4	3 + 4
Living expenses	700 / 1	700 / 1	700 / 1	700 / 1	700 / 1	700 / 1	700 / 1

*C1 / DE = 2 sport instructors + 1 permanent*  
*C2 / ES = 2 sport instructors + 1 permanent + 1 (to be defined)*

[http://ec.europa.eu/programmes/erasmus-plus/resources\\_en#tab-1-4](http://ec.europa.eu/programmes/erasmus-plus/resources_en#tab-1-4)



# READY...GO Project

## E - Ending conferences with EU speakers on simultaneous video

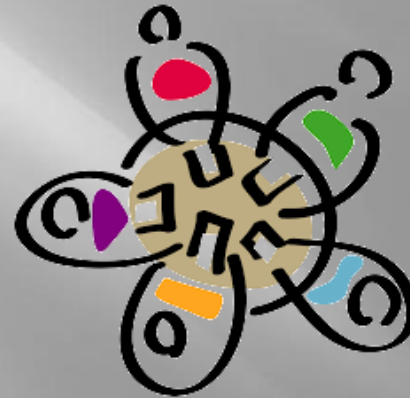
	CY	DE	ES	FI	FR	LV	MT/IT
Ref. n°	E2	E1	E3	E4	E5	E7	E6
Local Guests	37 * 100€	37 * 100€	37 * 100€	37 * 100€	37 * 100€	37 * 100€	37 * 100€
EU Guests	2 * 200€	2 * 200€	2 * 200€	2 * 200€	2 * 200€	2 * 200€	2 * 200€

## Exceptional costs (75%)

	CY	DE	ES	FI	FR	LV	MT/IT
E Translation	2000€	2000€	2000€	2000€	2000€	2000€	2000€
Printing					2 899€		



# READY...GO Project Steering Group (PSG)



- 1 « permanent » participant per partner attending all visits (M – C)  
PSG members will meet during Transnational Meetings  
for administrative, financial and ... matters



# READY...GO Project





ERASMUS+ Strategic Partnership

# READY...GO Project

## PARTNERS' PRESENTATION



# READY...GO Project

PARTNER n°1' PRESENTATION (2 hours)

*Short break*

PARTNER n°2' PRESENTATION (2 hours)

# READY...GO Project

Day 1 - Bullseye evaluation on flipchart

*Time allocated to each point*

*Clarity of explanations*

*Partners' Presentation n°1 and n°2*

*Role of Project Steering Group*

*Guidelines of project approach*

*Shared definitions*



# READY...GO Project

Where do we meet for dinner ?



# READY...GO Project

## DAY 2

PARTNER n°3' PRESENTATION (2 hours)

*Short break*

PARTNER n°4' PRESENTATION (2 hours)

# CITI-VAL Project



# READY...GO Project

PARTNER n°5' PRESENTATION (2 hours)

*Short break*

PARTNER n°6' PRESENTATION (2 hours)



# READY...GO Project

Where do we meet for dinner ?



# DAY 3

## READY...GO Project Work Schedule

Initial	Meaning
M1-M2-M3-M4-M5	Transnational Project <u>M</u> eetings
A1-A2-A4 A3-A5-A6	Project Management Implementation <u>A</u> ctivities
O1-O2-O3-O4-O5-O6-O7-O8	Intellectual <u>O</u> utputs
C1-C2	Training and Teaching Activities ( <u>C</u> ourses)
E1-E2-E3-E4-E5-E6-E7	Multiplier <u>E</u> vents









## Feedback on READY...GO application from French NA' independant experts

### 2 main priorities

**“Transparency and recognition of skills  
and qualifications to facilitate learning,  
employability and labour mobility ...”**

**“Expand and develop skills of trainers...”**



# READY...GO Project

-1-

**Sport as a space favorable to the implementation  
of constructive and positive actions**





# READY...GO Project

-2-

**The situations and legislation are quite different from one country to another and it seems instructive to compare the approaches, experiences, cultures and policies of the partner countries in order to achieve the pooling of know-how.**



# READY...GO Project

-3-

**The activities and the results expected within the penitentiary structures could be re-used for other publics (especially young people in difficulty, marginalized, early school leavers or even migrants) for whom the practice of sports activities could be a means of integration.**



# READY...GO Project

-4-

**Moving from social peace between prisoners into a new form of learning and preparation for social reintegration, with the work and involvement of institutions in the responsibility of penitentiary systems.**



# READY...GO Project

-5-

Some **indicators** to measure impacts are presented which need to be strengthened.

It would be interesting **to have information regarding the steps taken to measure these impacts** (what will be observed, in what context, at what time, what criteria ...).



# READY...GO Project

-6-

The project provides training events in Spain and Germany, which take the form of working group focused on teaching engineering production.

**Validation of learning outcomes of participants** is not sufficiently reflected in the stage of the application; it would be appropriate to value the learnings from pedagogical activities by an **Europass tool**.



# READY...GO Project

-7-

**Specify the declination of the transversal skills expected from the exploitation of the competences and attitudes activated through PAS's.**



# READY...GO Project



# READY...GO Project



Data collection in partner country  
to feed READY...GO research and enable  
a meaningful analysis)

Common  
Supports

Outputs  
Timescales



# READY...GO Project



## Questionnaires 1 and 2

Question from the questionnaire to inmates must also:

- identify the existence of internal periodicals which could carry some dissemination on READY ... GO
- inventory in partners' countries or others, associations of ex-prisoners which may be able to communicate about READY ... GO

# READY...GO Project

**Let's think about quantitative tracking of the two cohorts**

**Test the two questionnaires in December 2016 (4 weeks):**

**Where? How many samples?**

**Deadline for feedback of tests?**

**Deadline for potential modifications?**

**Period for collecting data through Questionnaires 1 and 2 :**

**January 01, to April 30, 2017**



# READY...GO Project

## Review of the work plan

### Associated tasks & Deadlines

1 – Forms for financial feedbacks

2 – Monthly reporting for pedagogical tasks



# READY...GO Project

## -1- Timesheet for staff costs 1/2



ERASMUS+ / Strategic partnership  
Intellectual output - Time sheet for staff costs



Project's reference number	
Employer's country	
Employer	
SURNAME of the person	
Forename of the person	
Staff category	
Part time	
If yes, please indicate %	

Intellectual output reference	Activity period		Number of work days for the intellectual output during the period, in full-time equivalent	Applicable rate [cf. rates stated in the 2d tab]	Reported costs for the project	Description of activities and tasks carried out for the project
	Start of the period (dd/mm/yy)	End of the period (dd/mm/yy)				
IO 1 / IO 2					0,00 €	
					0,00 €	
					0,00 €	
					0,00 €	
					0,00 €	
					0,00 €	

TOTAL nb of days	0
TOTAL costs	0,00 €

Legal representative's SURNAME	
Forename	
Date	
Signature	
Stamp	



## Annex 4


# READY...GO Project

## -1- EU Max. Rates to fill Timesheet for staff costs 2/2


Programme Countries	Manager	Teacher/Trainer/Researcher/ Youth worker	Technician	Administrative staff
	Amount per day in EUR			
Denmark, Ireland, Luxembourg, Netherlands, Austria, Sweden, Liechtenstein, Norway	294	241	190	157
Belgium, Germany, France, Italy, Finland, United Kingdom, Iceland	280	214	162	131
Czech Republic, Greece, Spain, Cyprus, Malta, Portugal, Slovenia	164	137	102	78
Bulgaria, Estonia, Croatia, Latvia, Lithuania, Hungary, Poland, Romania, Slovakia former Yugoslav Republic of Macedonia, Turkey	88	74	55	39

# READY...GO Project

## -1- Monthly timesheet for staffs involvement



**Staff Timesheet**



Country: \_\_\_\_\_

Name: ANTONY

Department: Europe

Position: \_\_\_\_\_

Month: November 2016

Total Hours for month: 0

In France, one day = 7 hours work and 1/2 day work is 3h30

Week beginning: <b>October 31</b>	Mon	Tue	Wed	Thur	Fri	Total Hours
Activity:						0
Activity:						0
Activity:						0
Activity:						0
Activity:						0
<b>Total Hours</b>	0	0	0	0	0	0

Week beginning: <b>November 07</b>	Mon	Tue	Wed	Thur	Fri	Total Hours
Activity:						0
Activity:						0
Activity:						0
Activity:						0
Activity:						0
<b>Total Hours</b>	0	0	0	0	0	0

Week beginning: <b>November 14</b>	Mon	Tue	Wed	Thur	Fri	Total Hours
Activity:						0
Activity:						0
Activity:						0
Activity:						0
Activity:						0
<b>Total Hours</b>	0	0	0	0	0	0

Week beginning: <b>November 21</b>	Mon	Tue	Wed	Thur	Fri	Total Hours
Activity:						0
Activity:						0
Activity:						0
Activity:						0
Activity:						0
<b>Total Hours</b>	0	0	0	0	0	0

Week beginning: <b>November 28</b>	Mon	Tue	Wed	Thur	Fri	Total Hours
Activity:						0
Activity:						0
Activity:						0
Activity:						0
Activity:						0
<b>Total Hours</b>	0	0	0	0	0	0

Signature: \_\_\_\_\_ Stamp: \_\_\_\_\_

Line Manager's Signature: \_\_\_\_\_

Date: \_\_\_\_\_

Date: \_\_\_\_\_



# READY...GO Project

## -1- Annex IX for periodic financial feedback

	Actual Costs Q1 <u>01 Sep 16</u> 30 Nov 16	Actual Costs Q2 01Dec 16 31 Mar 17	Actual Costs Q3 01Apr 17 31 July 17	Actual Costs Q4 01Aug17 31 Oct 17	Actual Costs Q5 01Nov 17 28 Feb 18	Actual Costs Q6 01Mar 18 30 June 18	Actual Costs Q7 01Jul 18 <u>31 Aug 18</u>	Total Costs to Date	Grant Allocation	Variance
<b>Partner ..</b>										
Project Management								€ -	€ -	0%
Transnational Meetings								€ -	€ -	0%
Intellectual Outputs								€ -	€ -	0%
Multiplier Events								€ -	€ -	0%
Travel for Learning Activity								€ -	€ -	0%
Individual Support								€ -	€ -	0%
<b>Exceptional costs</b>								€ -	€ -	0%
<b>Sub Total</b>	0,00 €	0,00 €	0,00 €	0,00 €	0,00 €	0,00 €	0,00 €	€ -	€ -	0%



# READY...GO Project

## 2 – Monthly reporting for pedagogical task

### Production Activities





# READY...GO Project



# READY...GO Project

## EVALUATION

- 1 - Local Guests and « Critical friends »
- 2 - Bullseye in situ evaluation
- 3 - Post-meeting Self-evaluations
- 4 - Periodic progress evaluations



# READY...GO Project

## Project FOLLOW-UP

Freeware mind-mapping web application

**COGGLE**

<https://www.youtube.com/watch?v=99VswRkMyW4>



# READY...GO Project

## Communication and Dissemination Matters

- 1 - Monthly SKYPE<sup>S</sup> meetings with PSG  
(permanent members) *Day to be decided ?*
- 2 –Information to professional networks  
(internal and stakeholders), Medias
- 3 – List of electronic contacts / Periodic newsletter
- 4 – Logo of the project
- 5 – Digital working platform
- 6 – Glossary



# READY...GO Project

Day 3 - Bullseye evaluation on flipchart

*M1 (Kick-off) content*

*Group dynamics*

*Project work schedule*

*Variety in Evaluations*

*Communication plan*

*Project coordination*



# READY...GO Project

**For remaining partners**

Do you want to meet for dinner?

Do you prefer free dinner?



# READY...GO Project



**LET'S WORK TOGETHER**  
TEAMWORK

