

READY...GO Project

Sport in prison to support the acquisition of informal skills to help inmates to better prepare their reintegration into society

Application n° 2016-1-FR01-KA204-023846

Daugavpils Meeting



Erasmus+



Welcome to the two Catalan representatives
who are taking part to READY...GO project
on the place of their colleagues from Canaries
Islands,

And to our Maltese partners who replace the
Italian one from Catania (Sicily).

with some news about IT²...



ERASMUS+ French National Agency

Dear Mrs Antony,

You are saddened, but our schedule did not allow me to look at the addendum to the project.

***You can assure your colleagues of the eligibility of the expenses they incur on this occasion**, by indicating to them on the one hand that the rider was about to be validated before the withdrawal of the replacement partner -IT²-.*

Therefore, since the amendment has not evolved in principle, it remains of course quite acceptable.

On the other hand, since the PIC code has been validated -MT-, the organization is likely to be integrated into the project.

And finally, the addendum will be made retroactive.

Staying at your disposal.

June 16, 2017

Bien cordialement,

Fabien YOU

Chargé de projets

Département Gestion des Projets –

Pôle Partenariats Stratégiques



7 partners from 7 EU members



Malta ?



Catalunia?

READY...GO Project

Application° 2016-1-FR01-KA204-023846



What is READY...GO Project?

**Project duration = 30 months
from September 01, 2016
till February 28, 2019**



READY...GO PROJECT

Sport in prison to support the acquisition of informal skills to help inmates to better prepare their reintegration into society

The Stages of the Project



- Carry out the **initial research** (*Questionnaires to inmates/Sport instructors*)
- Identify **inspiring practices, methodologies, supports,...**
- Create a **pedagogical tool** for the identification and the realization of transversal skills of informal type observed among the prisoners with the support of the PAS to help them to reintegrate a job into society after being released
- Validate **competences' development** as a result of these activities
- Consider the **benefits within prison** (indicators)
- Measure the **positive impact that validation can have on inmates and their motivation**
- Organize **communication and dissemination**
- Publish findings and recommendations based on research and practices



To do that, we need to...

- 1. Develop a common understanding**
 - *Formal, informal and non-formal education,*
 - *Skills/abilities/competences,*
 - *Physical Activities and Sport)*
- 2. Let inmates be at the centre of our works**
- 3. Consider the common practicalities of physical activities and sport (PAS) in prison contexts based from different national systems**
- 4. Identify suitable indicators to measure project' impacts**



READY...GO Project

Some initials to give sense

Initial	Meaning
M1-M2-M3-M4-M5	Transnational Project <u>M</u> eetings
A1-A2-A4 A3-A5-A6	Project Management Implementation <u>A</u> ctivities
O1-O2-O3-O4-O5-O6-O7-O8	Intellectual <u>O</u> utputs
C1-C2	Training and Teaching Activities (<u>C</u> ourses)
E1-E2-E3-E4-E5-E6-E7	Multiplier <u>E</u> vents



READY...GO Project Work Schedule

Initial	Meaning
M 1-M2-M3-M4-M5	FR - LV - MT - FI - CY
A 1-A2-A4 A3-A5-A6	Project Management Implementation <u>A</u> ctivities
O 1 O2 O3 O4 O5 O6 O7 O8	Work platform Questionnaires to inmates & sport teachers Analysis of Q1 and Q2 Collect of inspiring practices in prisons Pedagogical pack of sequences Methodology and Recommendations Glossary Pack for communication
C 1-C2	DE - ES
E 1-E2-E3-E4-E5-E6-E7	All partners on the same day (to be decided)



Agreement on dates

Name of the project **READY... GO / Topic** : Sport in prison as a support to the acquisition of transferable skills to help detainees to better prepare their reintegration into society

PROJECT TIMETABLE / Page 1

Project activity	Month	M1	M2	M3	M4	M5	M6	M7	M8	M9	M10	M11	M12	M13	M14	M15	M16	M17	M18	M19	M20	M21	M22	M23	M24	M25	M26	M27	M28	M29	M30		
		09	10	11	12	01	02	03	04	05	06	07	08	09	10	11	12	01	02	03	04	05	06	07	08	09	10	11	12	01	02		
	Year	2016				2017												2018								2019							
A1 - Project management		----->																															
O9 - Working documents		----->																															
O9 - Reports to N.A.																																	X
A2 - Internal agreements		X	X																														
A3 - National presentations to be prepared by each partner		X																															
O1 - READY...GO working platform		----->																															
O8 - Communication		----->																															
A4 - Financial terms						X				X				X				X				X			X			X			X		
M1 - Organisation of tasks, National presentations and Preparation of questionnaires for 2 target groups																																	
Evaluations "local guests" Auto-Evaluations					X																												
O2 - Translation of questionnaires, Test then data collection																																	
O3 - Analyze of data																																	
M2 - 1st confrontations and adjustments																																	
Evaluations "local guests" Auto-Evaluations																																	
O4 - Creation of guide for sports' good practices identified in prisons																																	
A6 - Identification of 2 to 3 sport activities/country as support to experimentations																																	



Name of the project: **READY... GO / Topic : Sport in prison as a support to the acquisition of transferable skills to help detainees to better prepare their reintegration into society**

PROJECT TIMETABLE / Page 2

Project activity	Months	M1	M2	M3	M4	M5	M6	M7	M8	M9	M10	M11	M12	M13	M14	M15	M16	M17	M18	M19	M20	M21	M22	M23	M24	M25	M26	M27	M28	M29	M30
	Year	2016						2017						2018						2019											
M3 - Crossed data and 1st observations														Study visit IT																	
Evaluations "local guests"														X																	
Evaluations "critical friends"														X																	
Auto-Evaluations															X																
C1 - Pedagogical activity with 2 sport tutors/country and project steering group														DE																	
Evaluation of project' process by the national coordinators														X																	
Auto-Evaluations															X																
O5 - Design courseware and testing, marking and materialization of informal skills, pre-analysis, ...																					Interim observations			Interim observations							
O6 - Elaboration of the methodological guide																															
M4 - Foreshadowing of the teaching kit (guide, equipment, technical data ...)																											Study visit FI				
Evaluations "local guests"																										X					
Evaluations "critical friends"																									X						
Auto-Evaluations																										X					
A5 - Retroactive agenda for logistics and content of national ending conferences																															
C2 - Educational activity with sports supervisors / country and project permanent																															ES

M2 in Latvia
June 20-21, 2017



Agreement on dates

Name of the project **READY... GO / Topic : Sport in prison as a support to the acquisition of transferable skills to help detainees to better prepare their reintegration into society**

PROJECT TIMETABLE / Page 3

Project activity	PROJECT TIMETABLE / Page 3																																
	Months	M1	M2	M3	M4	M5	M6	M7	M8	M9	M10	M11	M12	M13	M14	M15	M16	M17	M18	M19	M20	M21	M22	M23	M24	M25	M26	M27	M28	M29	M30		
	Year	2016					2017										2018										2019						
Auto-Evaluations																															X		
07 - Thematic glossary and updated contact list																																	
E1 - Disseminating conference CY																																	
E2 - Disseminating conference DE																																	
E3 - Disseminating conference ES																																	
E4 - Disseminating conference FI																																	
E5 - Disseminating conference FR																																	
E6 - Disseminating conference IT																																	
E7 - Disseminating conference LV																																	
Evaluations post-conferences																																	
Evaluations "critical friends"																																	
06 - Recommendations and Compacted productions with results / MS																																	
Coordinated results																																	

The final date will be jointly decided by the consortium in 09.2017

CY
Transfer of results





READY...GO Project Compulsory Dates

Initial	Meaning
FR (M1)	November 28-30, 2016
LV (M2)	June 20-21, 2017
MT (M3)	September 26-27, 2017
DE (C1)	October 23-27, 2017
FI (M4)	June 12-13, 2018
ES (C2)	<i>?? October 2018 (full week) ??</i>
FR-LV-MT-DE-FI-ES-CY (E1)	<i>To be decided in September 2017 (M3)</i>
CY (M5)	January 29-30, 2019



READY...GO Project

C1 in Germany / C2 in Spain

Peer to Peer Training Courses (*5 full compulsory days on site*)

Travel / Person	CY	DE	ES	FI	FR	LV	MT
N° Part.	3 + 4	4 (C2)	3 (C1)	3 + 4	3 + 4	3 + 4	3 + 4

C1 in DE = 2 sport instructors + 1 permanent

C2 in ES = 2 sport instructors + 1 permanent + 1 (to be defined)

*For transnational meetings (M) 2 participants per country are authorized among which is the **permanent person** (national coordinator) of the project.*



Shared definitions

1 - Formal, Non-formal and Informal Education

2 – Competence = Knowledge + Skills + Attitudes

3 – Physical Activities and Sport at national levels and,
if it exists, in prison





3 – Physical Activities and Sport in prison

*Actually we still miss Definitions from
some partners. Do you remember ?
New deadline ?*

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READY...GO Project



Partner from Catalonia

*(a 2 hour presentation of
Catalan prison system)*

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Ice breaker for all

Three questions



1. How high would you scale your motivation when flying/driving to attend READY...GO transnational meeting?
2. How clear in your mind are you in regard of READY...GO goals?
3. How do you evaluate your work on READY...GO research based on Q1 and Q2?



All partners : **PROCESS of DATA COLLECTION**
Strengths and Weaknesses when collecting data with Q1 then Q2

?? Recommendations??



All partners : **ANALYSIS of COLLECTED DATA**
Q1 and Q2

?? Meeting on SKYPE - Date -??



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PROJECT' INTERIM REPORT n°1

July 01, 2017

M2 in Latvia
June 20-21, 2017



Points which have to be answered

Please provide an overall state of play of your project: what are the achievements of the project at this stage? Are the initial project activities and objectives being carried out and reached so far?

Please describe further in details the project activities supported by the grant for Project Management and Implementation that have been carried out until now.



How is the monitoring of the project being carried out so far
and by whom?

How did the project partners contribute to the project so far?
Has the distribution of tasks been adjusted since the
application stage?



If your project involves other organizations, not formally participating in the project, please briefly describe their involvement.

If relevant, please describe any difficulties you have encountered in managing the implementation of the project and how you and your partners handle them.



9.1. Impact

What has been the project's impact so far on the participants, participating organisations, target groups and other relevant stakeholders?

9.2. Dissemination and Use of Projects' Results

In case already applicable, to whom did you disseminate the project results inside and outside your partnership so far?

Please define in particular your targeted audience(s) at local/regional/national/EU level/international and explain your choices.

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Exercise n°1

KEY COMPETENCES
TRANSVERSAL COMPETENCES
SKILLS and ATTITUDES



Exercise n°1.1

KEY COMPETENCES





Exercise n°1.2

TRANSVERSAL COMPETENCES



Comment from French NA expert !!!!!

Specify the declination of the transversal skills expected from the exploitation of the competences and attitudes activated through PAS's.



List of TRANSVERSAL COMPETENCES -1/2-

1. Assessing competence and competence development
2. Communication
3. Conflict management
4. Autonomy
5. Problem solving
6. Team working
7. Flexibility
8. Critical thinking
9. Creativity
10. Planning and resource management



List of TRANSVERSAL COMPETENCES -2/2-

11. Taking responsibility
12. Intercultural communication
13. Leadership
14. Anti-hate communication in an intercultural perspective
15. Self-reflection
16. Managing diversity
17. Planning and organising one's learning
18. Evaluating/Reflecting
19. Mentoring
20. Networking
21. Project management
- Others ??



Exercise n°1.3

SKILLS and ATTITUDES

Some examples as ideas



Teamwork

- Trust
- Taking responsibility
- Understanding / Empathy / Balance
- Sharing
- Supporting others
- ...

Motivation

- Social and self-awareness
- Creativity
- Persistence
- Flexibility
- Commitment
- Confidence
- ...

Problem Solving

- Ability to identify problems
- Acceptance of problems
- Ability to look for help
- Ability to compartmentalize the problem and deal with it in parts
- Development of resilience
- To evaluate and learn from problem solving
- ...



INSPIRING PRACTICES

**Sport as a space favorable to the implementation
of constructive and positive actions**



Exercise n°2

To create one descriptive card to collect information
on Tools, Practices, Equipments, Trainings, Materials,

...



Day 1 - Bullseye Evaluation on Flipchart

Where do we meet for dinner ?



Visit of the prison in Daugavpils (LV)

Sport challenge between READY...GO participants and inmates with their sport instructors

Workshop with READY...GO participants, inmates and sport instructors on a “Charter of Good Conduct”
(Part 1)



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All Partners : **Charter of Good Conduct (Part 2)**

M2 in Latvia
June 20-21, 2017



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Project ACTIVITIES to be reminded



EVALUATION

- 1 - Local Guests and « Critical friends »
- 2 - Bullseye in situ evaluation
- 3 - Post-meeting self-evaluations
- 4 - Periodic progress evaluations



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Project FOLLOW-UP

Freeware mind-mapping web application

COGGLE

<https://www.youtube.com/watch?v=99VswRkMyW4>



M2 in Latvia
June 20-21, 2017



Communication and Dissemination matters

- 1 – Periodic SKYPE^S meetings with PSG
(permanent members) *Day to be decided ?*
- 2 – Information to professional networks
(internal and stakeholders), Medias
- 3 – List of electronic contacts / Newsletter
- 4 – Logo of the project
- 5 – Digital working platform
- 6 – Glossary





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Day 2 - Bullseye evaluation on flipchart

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PSG Meeting for national coordinators

17:00 – 18:30



LET'S WORK TOGETHER
TEAMWORK

READY...GO Project

Where do we meet for dinner ?