



**REPORT on M2 and Action note
June 20-21, 2017 – DAUGAVPILS (Latvia)**

DAY 1 / Morning Part 1

To give a dynamic for this second transnational meeting, partners were kindly asked to join an exercise in 3 points that will help to see how they feel in regard of READY...GO project.

1st question: How will you rate your motivation, on a scale from 0 to 6, before attending this meeting?

All participants rated between 5 (7 participants) and 6 (4 participants).

2nd question: How clear in your mind are you about READY...GO project and its goals?

Answers were scaled from 3 to 6 as follow:

6 – 3 participants

5 – 4 participants

4 – 3 participants

3 – 1 participant

Because of these results, the 1st exercise to be realized at the start of the next transnational meeting will be a brainstorming on all still unclear tasks.

3rd question: How do you evaluate your work in data collection (Q1 and Q2)?

Answers were scaled from 2 to 6 as follow:

6 – 2 participants

5 – 2 participants

4 – 3 participants

3 – 1 participant

2 – 2 participants

One participant did not answer to this question.

The interesting observation there was to see that two participants from a same country (twice) answered very differently (scales 3 and 6 for one country and 2 and 4 for a second country). We will have to come back too on these differences during next transnational seminars to understand why and how it happens.



Exercises as a start in LV - June 2017			
	Q1 - How will you rate your motivation, on a scale from 0- to 6+, before attending LV meeting?	Q2 - How clear in your mind are you about READY...GO project and its goals?	Q3 - How do you evaluate your work in data collection (Q1 and Q2)?
6	4	3	2
5	7	4	2
4		3	3
3		1	1
2			2
1			
0			

After this exercise that will need, as said previously, to be debated again just at start of the next transnational meeting M3 in Malta next September 2017, READY...GO partners welcomed the two representatives of the new partner from Catalonia (ES) that is **Generalitat de Catalunya, Departament de Justícia**.

The first step of their participation was that they made a long presentation of their institution, their regional penal system and their way to manage with sports and physical activities in prison. To do so, they follow the template that was given at the origin to the other partners of READY...GO to prepare and present during kick-off seminar.

DAY 1 / Morning Part 2

At the end of the 1st morning, partners shared observations (strengths/weaknesses) and recommendations on the **process of data collection**:

▪ STRENGTHS

- It was a good thing to give voice to inmates to collect data from them
- For all countries, it was the first time that inmates and staff were asked for their participation in a questionnaire about sport
- It is interesting, through READY...GO process, to have a collective point of view rather than a sum of individual ones



▪ **WEAKNESSES**

- In countries with more than one prison, inmates were from one prison but instructors came from various prisons and that may have created a discrepancy in the results
- Participation of stakeholders from the phase of administering the questionnaire helped to harness their interest
- It would have helped if the questions were administered by a member of staff, who would have assisted the inmates and probed for some answers. At times questions could have elicited more information. On their own, participants would often go for the negatives rather than the positives
- Prison regimes/systems differ from one country to another, interpretation of some questions varied from one country to the other
- Through local and foreign questionnaires we might introduce new sport activities for inmates
- Some questions could have been clearer. The initial process could be improved by allocating more time to discuss the questions. The pilot could have included focus groups before finalizing the questionnaires
- Some answers, even though of significance, could not find a place in the questionnaire

▪ **Comments on TECHNICAL POINTS**

- Some questions need to be explained to inmates and sometime translated in other languages : a budget could be needed for translation
- Some questions were not relevant to those who are not interested in sport.
- Some words were difficult for participants to understand. Could have included pictures/icons in the questionnaire.
- Online registration for Q1 and Q2 was somehow difficult

Partners decided to have a SKYPE meeting on July 26, at 9:00 am (FR/DE/MT) and 10:00 (CY-FI-LV) to debate about crossing results from Q1 and Q2.

To conclude the 1st half day of work, partners agreed on dates that were still not arranged because of Catalan partners who did not attend the kick-off meeting as the 1st Spanish partner (from Canarian islands) did not retract yet; Maltese partner was in the same position even if their representative attended kick-off; the amendment was not yet asked and so we were not able to fix dates. Here in Latvia it was time to decided dates for M3 in Malta (September 26-27, 2017) and C2 in Barcelona (October 2018), as planed in the READY...GO application.

DAY 1 / Afternoon Part 1

Partners were asked to participate to the fulfilment of the 1st interim report that the coordinating partner (FR) has to give back to the French National Agency for June 30, 2017. All questions were answered (see Interim report on READY...GO platform) and it was interesting to see how each partner managed well the READY...GO communication on their territory.



It was interesting to learn from the Maltese representative (prison of Corradino/Paola/MT) that the University of Malta (Faculty of education / Department of Education Studies) which run a “Prison Education and Re-Entry Programme” will from now on propose the READY...GO questionnaire Q1 to each newcoming inmate so to know about his/her centres of interest.

The partner from Cyprus, on its side, works with stakeholders outside the prison for sport activities developed inside.

In some questions from the report, partners were able to repeat what they already said on morning about inmates who were grateful to participate to the data collection, or because we gave light on sports which is not always well considered inside prison. Except one country, partners found interesting the way sport instructors got involved in Q2 and also Q1 when helping inmates to complete their ones.

An update on the communication was made and the partners reported on the work undertaken. Thus the partner of Cyprus was able to explain how receiving a EUROPRIS delegation composed of 12 teaching experts from several member countries of the EU and associates he had been able to present the project READY ... GO.

The Maltese partner explained how, having taken advantage of an academic conference focusing on radicalization in prison, he had been asked by the national television services to give her testimony about the usefulness of the ERASMUS + program for projects such as READY ... GO to enable them, though a human-sized prison, to work with other countries with more complex issues than their own.

DAY 1 / Afternoon Part 2

Following the work schedule as planned, the partners started to work on the key and cross-curricular competencies that it was important to develop in the activities to be implemented. They selected:

- **5 key competencies**
 - learning to learn
 - social and civic competences
 - sense of initiative and entrepreneurship
 - cultural awareness and expression
 - intercultural communication

- **16 cross-curricular competencies** but these 16 will have to be crossed with the ones identified by inmates and sport instructors during data collection. This work will be presented during SKYPE meeting on July 26, 2017 then finished in Malta during M3 (September 26-27, 2017).



Cross-curricular competencies identified by partners were n° 1-2-3-4-5-6-7-8-9-10-11-13-14-15-16-19 from the VALMOPRIS list of competences worked by LV and FR among 7 EU countries from 2015 to 2017 under ERASMUS+ project managed by one Scottish institution leading with education in prison.

- For what concerned **the 3rd level of sub cross-curricular competencies or attitudes** to be developed, partners do not have enough time to work on this and it was decided to postpone this work to M3.

DAY 1 / Afternoon Part 3

Partners started to identify inspiring practices that could be listed in the different countries. They gave limits to the data by inventorying 3 specific points:

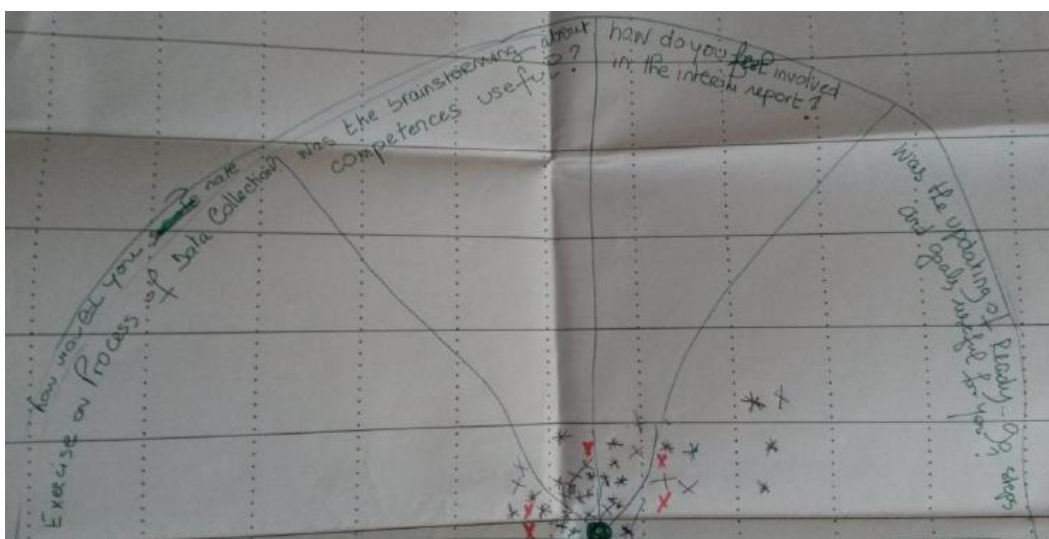
- ☞ Which sport?
- ☞ Where and who?
- ☞ Compulsory facilities required (material, environment,...)

The Catalan partner talked about inspiring practices they already developed in their prisons:

- Jumping rope
- COMPARTIM programme
- Preparation of inmates to hold a marathon

This work will have to go on during M3 and also C2 when the activity will group several sport instructors from different EU countries members of READY...GO consortium.

At the end of Day 1, M2 participants practiced the bull'eyes exercise that allow to evaluate how they are satisfied about tasks and works developed during the day.





DAY 2 / Morning

The partners were greeted at one of the two prisons of Daugavpils. First there was a site visit and then a meeting with prisoners who were volunteered to discuss with the project partners on sports activities that could be proposed to them in prison; they were encouraged to share some sports activities against visitors and it was a very good moment. That's how we had tennis table exchanges and several short football games. To thank them for their hospitality, the coordinating partner decided, with the support of the other partners, to go and buy sports equipment to be handed over to them by the justice services. We asked to receive a blurred photograph of the detainees receiving the materials that we are still waiting.





We had authorization from volunteered inmates to take photos; the ones who did not agree are not on the photos but they were playing too.

DAY 2 / Afternoon

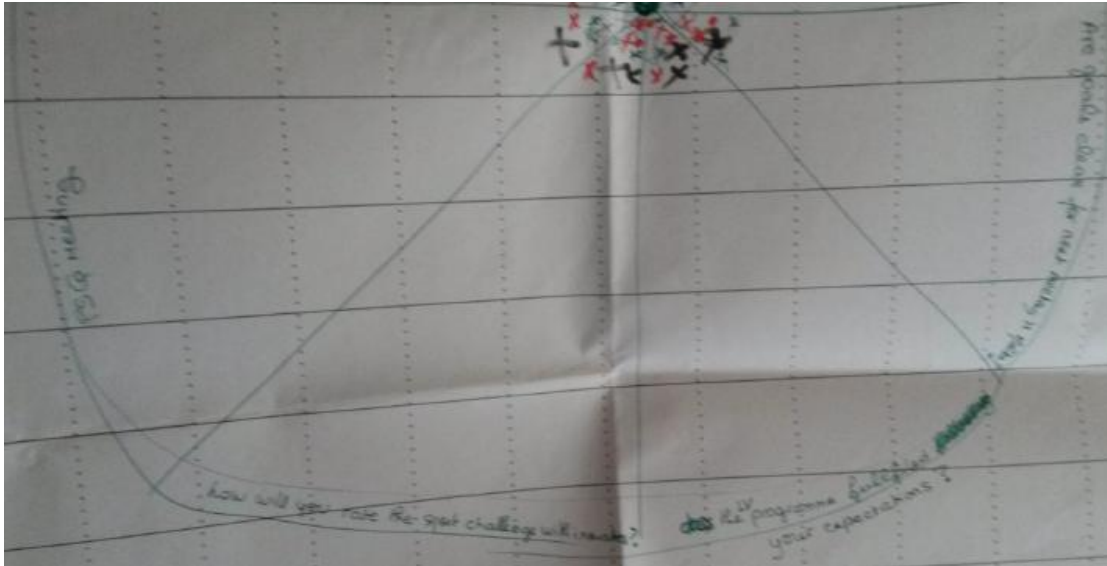
After lunch outside the prison, partners went to EPPEA service that's probation service (LV) where we met the manager of the service and his deputy, one local journalist who wanted to write a press article about our visit. Partners had a long discussion with the prison unit supervisor that had guide our prison visit on morning and who came to explain how activities in prison are organized; he gave also explanations about the resocialization programme that is developed. He pointed too how the staffs when trained are more helpful for inmates.

According to the officer, the prisoners would have been pleased to see that partners were interested in them and that they could possibly hope to improve their situations. The journalist, for his part, asked for feedback from the partners on the visit to the prison, adding how they expected to make a difference.

After a few exchanges, the officer explained how important the motivation of the personnel was for the prisoners to feel welfare effects and to conclude that it was on this side that they should work to avoid incidents between inmates and certain categories of personnel may be less trained because formerly in the function.

After departure of journalist and officer, it was decided to end the M2 meeting for all participants except the permanent contact person from each country that compose the Project Steering Group (PSG) of READY...GO and who still had to meet all together.

Before to leave, participants filled the bull'eyes tool for Day 2.



and PSG group did it also after their meeting. As it is difficult to read what are the questions on this photo, please find hereunder the 4 questions that were asked.

- ☞ How will you rate the sport challenge with inmates?
- ☞ Does M2 programme in LV fulfilled your expectations?
- ☞ Are goals clear for next meeting in Malta (M3)?
- ☞ Was PSG meeting helpful for your to manage of administrative and financial tasks?

The PSG meeting was mainly to :

- Inform Catalan and Maltese representatives about their administrative and financial duties
- Update information to other previous partners.

Finally, when leaving, partners went to a sport shop to buy materials with project management money from the coordinating organization. The group of participants went and, for sure with the help of sport instructors knowing the prison context, it has been easy to make the good choice knowing places we visited on morning and profiles of inmates we met.





Project periodic reports

READY...GO **1st interim report** was submitted on June 30, 2017 and since it was positively accepted by the French National Agency.

READY...GO 2nd interim report will have to be submitted no later than November 30, 2017 so to receive the second 40% of EU grants. If 70 % of first 40% are already expensed before, it will be possible to fill the 2nd interim report before its deadline. So it is important to permanently know about the state of all expenses linked to READY...GO project.

READY...GO **final report** must be submitted by **April 30, 2019** (with an end of expenses on February 28, 2019).

The dates for expenses reporting have been set according to the reporting dates and the instalment payments.

Next Meeting Dates

M3 - in Valletta (MT) on September 26-27, 2017 (arrival on 25, departure on 28)

C1 - in Germany - Arrival on October 22, 2017 for one learning and teaching activity from October 23 to 27, 2017 included. Two sport instructors as well as READY...GO project' permanent person will have to attend this C1 which will focus on the design and creation of new resources to identify and develop transversal competences (knowledge, skills and attitudes) with topic based on Sport and physical activities in prison.

M4 - in Finland - Arrival on June 11, 2018 for a departure on June 14, 2018. Meeting dates are 12-13.

C2 - in Spain – 22-26 October 2018 (Barcelona). Two sport instructors (they may be different from those who participated in C1) as well as READY...GO project' permanent person will have to attend this C2; a 4th professional (from each partner country) will join the group and partners have to decide on his/her profile (can be a decision maker or a politician).

E1-E2-E3-E4-E5-E6-E7 correspond to national ending conferences organized around a European videoconference. This date will be fixed in the 2nd half of 2017.

M5 - in Cyprus – Arrival on January 28, 2019 with departure on January 31, 2019. Meeting dates are 29-30.