



**REPORT on M3 and Action note  
September 26-27, 2017 – VALLETTA (Malta)**

## **DAY 1**

The Maltese partner, in the person of the prison acting director, welcomed READY... GO participants at University of Malta for the 1<sup>st</sup> day (we moved to the prison of Malta for the 2<sup>nd</sup> day).

The 1st work was to ask participants if they have any unanswered points that they would like to see explained as starting matters (except questions concerning the tasks to be done during the 2 days meeting and all questions on finances that will be treated during PSG meeting). None participants have questions and the meeting can start.

The sequence began with a presentation of the results of the questionnaires by the coordinating partner (FR), in particular with regard to cross-national issues. Participants had taken time since the July SKYPE meeting to review the results organized in histograms, and some had questions about reading graphs or quantitative responses. Then, participants were asked to work on articulating responses to the two open questions about values to be developed from sport and physical activities. The consolidation of Q1 and Q2 responses resulted in a large number of exchanges between the participants who, at the end of the day, validated a list of physical and sports activities (classified by categories of sports) likely to be organized in prison (little inadmissibility, either because of a security problem or because the context would not be appropriate).

The question of "inspiring" practices has been left to one side, since answers were too unsatisfactory, even if one or two ideas should be retained (for example, charity and volunteerism for actions to be taken by inmates, training of referees).

The day, started at 9:00 am, ended at 18:00, with the lunch taken at the university restaurant in less than one hour. The production of the day could be seen from the platform READY ... GO.

## **DAY 2 / Morning**

Partners spent day in the prison and worked on morning in a meeting room where they also took their half-day break (local specialties as food were offered by CCF).

The program of work of the day was the continuation of that of the previous day in that the partners had to organize skills and values by items. The task was a bit difficult because the work consisted in each of the partners to agree on a common definition, category ... understandable by everyone during the next C1 pedagogical activity (October 2017, Germany).



The partners finally reached a grid validated by all. They were mobilized for activities by country to experiment and next month, during activity C1, it will be necessary to work on the identification of criteria and parameters for each of the skills / values to be developed.

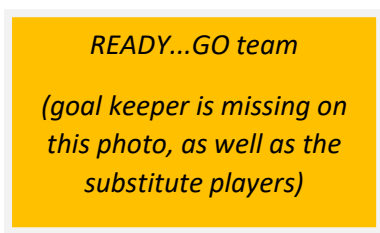
KEY-COMPETENCES	HARD SKILLS	FROM THE GROUP	SHORT DEFINITIONS of skills/competences related to sport	CROSS-CURRICULAR SKILLS	ATTITUDES
Communication	Aspiration	CAT	Be aware of own limits	Assessing competence and competence development	
Learning to learn	Consideration		Creativity	Conflict Management	
Civic and social competences	Decision-making		Determination	Autonomy	
Sense of initiative and entrepreneurship	Teamwork management		Organic skills	Problem solving	
Cultural awareness and expression	Knowledge of rules and regulation		Learning to compete	Teamwork	
	Learning to concentrate	CY	Mastering linguistic skills	Flexibility	
	Mastering		Organizational skills	Critical thinking	
	Overcoming capacity		Technical skills	Creativity	
	To achieve goals		Accept emotion	Planning resource management	
	Autonomy		Body awareness	Taking responsibility	
	Concentration	GDR	Observation	Intercultural communication	
	Control stress		Identify	Leadership	
	Determination		Learn how to accept winning and losing	Self-reflection	
	Identify		Mental abilities	Monitoring	
	Positive attitude		Responsibility	Project management	
	Self-confidence	IV	Self-control	???	
	Self-esteem		Teamwork		
	Teamwork		Team spirit		
	Team spirit		Teamwork		
	Teamwork		Team spirit		
	Team spirit	IT	Teamwork		
	Teamwork		Team spirit		
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	Team spirit		Teamwork		
	Team spirit		Teamwork		
	Team spirit	MT	Teamwork		
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## DAY 2 / Afternoon

In the afternoon, the partners followed a visit to the prison; their attention was drawn by the Chief of Security as to the new synthetic drugs and the damage incurred. We were also able to attend a demonstration of dogs working for illegal substances and the afternoon ended with a sporting encounter between project' male partners and inmates delighted to do battle with outsiders.



Both teams



## **DAY 2 / Evening** (18:00 – 20:00) At the University residence

PSG had a meeting (except LV and MT resource persons who did not attend) and it consisted mainly in practical exercises for participants due to the financial point to be done as a quarterly term for end of September 2017.

The partners had been asked to come with their financial document as it was and to carry out these exercises. It seems that this mode of work has borne fruit (for a majority of partners except one), to speak with them, and we might be led to reproduce the process.

Financial supports can be seen on READY...GO platform (*Project management / Management tools*).

- ☞ Monthly timesheet for staffs
- ☞ Quarterly timesheet for staffs costs
- ☞ Summative board for quarterly reporting on Expenses

**CAUTION** : Set of 4 financial supports with declarations, payslips, copies of invoices, etc... and also procedure to recover daily expenses have to be brought to DE.

### **Bull'eyes evaluation**

The changes of workplaces and the materials made available did not make possible to carry out the "bull'eyes" evaluation as usual. Thus document was sent by e-mail to the M3 participants, but not all of the evaluations are returned three weeks later. We understand the importance of onsite evaluation, as direct exercise, that's quite different from a more thorough evaluation of the meeting that partners also have to complete when back to the office.

The coordinating organization (FR) hopes to be able to draw up a final table by the next interim report (December 01, 2017), which will be reinstated later in this report.



### **Next Meeting Dates**

**C1** - in Saarbrücken (DE) - Arrival on October 22, 2017 for a learning and teaching activity from October 23 to 27, 2017 included. Two sport instructors as well as READY...GO project' permanent person have to attend this C1 which will focus on the design and creation of new resources to identify and develop transversal competences (knowledge, skills and attitudes) with topic based on Sport and physical activities in prison to better reintegrate society during post-released period.

**M4** - in Finland - Arrival on June 11, 2018 for a departure on June 14, 2018. Meeting dates are 12-13.

**C2** - in Spain – 22-26 October 2018 (Barcelona). Two sport instructors (they may be different from those who participated in C1) as well as READY...GO project' permanent person will have to attend this C2; a 4<sup>th</sup> professional (from each partner country) will join the group and partners have to decide on his/her profile (can be a decision maker or a politician).

**E1-E2-E3-E4-E5-E6-E7** correspond to national ending conferences organized around a European videoconference. A first period has been chosen for week 49 in 2018; the exact date will be stopped during C1 next month.

**M5** - in Cyprus – Arrival on January 28, 2019 with departure on January 31, 2019. Meeting dates are 29-30.

### **Immediate Action notes**

#### **For Latvian partner only**

- ① To send ASAP the presentation of their organization and national penal system they made in Bordeaux kick-off
- ② To stamp and sign the certificates of participants from M2 meeting in LV (June 2017) and to bring them back to Germany (C1)
- ③ To update the "Monthly reporting on experimentation period" template already used in a previous ERASMUS+ project titled VALMOPRIS during testing period too. This support has been validated by READY...GO participants during M3; it just needs to be updated.

#### **For all participants**

- ④ To confirm no later than October 9, 2017 the **names** of participants to our German colleague Anja



- ⑤ Each partner left M3 with homework. They have to find definitions of skills / values attached to sport and physical activity. This exercise should enable participants in activity C1 to agree on common definitions as a basis for experimentation.

READY...GO		SHORT DEFINITIONS of skills/competences related to sport	
	FROM THE GROUP		
HARD SKILLS	Aspiration	ES	
	Be aware of own limits		
	Consideration		
	Creativity		
	Decision-making		
	Determination		
	Freetime management		
	Hygien habits	CY	
	Knowledge of Rules and regulation		
	Learning to compete		
	Learning to concentrate		
	Mastering linguistic skills		
	Mentoring		
	Organizational skills		
	Overcoming capacity	DE	
	Technical skills		
	To achieve goals		
	Accept errors		
SELF-COMPETENCES	Autonomy		
	Body awareness		
	Concentration	LV	
	Observation		
	Control stress		
	Determination		
	Humility		
	Learn how to accept winning and losing		
	Mental abilities		
	Positive attitude		

READY...GO		SHORT DEFINITIONS of skills/competences related to sport	
	FROM THE GROUP		
SELF-COMPETENCES	Responsibility	FI	
	Self-confidence		
	Self-control		
	Self-esteem		
	Serenity		
SOCIAL COMPETENCES	Cohesion	MT	
	Commitment		
	Communication		
	Cooperation		
	Coordination		
	Empathy		
	Fellowship	FR	
	Forgiveness		
	Gratitude		
	Improvement of Physical appearance		
	Keeping rules		
	Openess		
	Respect		
	Social behavior		
	Social relationships		
	Team spirit		
	Teamwork		
	Tolerance		
	Trust		

- ⑥ READY...GO national coordinators will have to bring to Sarrbrücken (for PSG meeting) the official set of 4 financial supports duly completed with copy of invoices and declarations, pay slips, etc... so to be in position to receive 2<sup>nd</sup> transfer of money ASAP.

Thank you very much and see you in Sarrbrücken