



**REPORT on M4 and Action note
June 12 & 13, 2018 – HÄMEENLINNA (Finland)**

What were expected since C1 activity in Germany (10.2017) from each partner?

- Test 5 cross-curricular competences (CCC)
- Test CCC in a variety of identified Physical activities and Sports
- Involve a pre-fixed number of learners in testing activities
- Organize the 1st assessment for each learner as a starting point
- Give feedback every month about progress in activities AND in assessments

DAY 1

- ✚ Positive and negative points on last six months since C1 (October 2017) with feedback on CCC implementations in each country

It was important to start this interim meeting between C1 and C2, the relevant period corresponding to the experimentation of the READY ... GO tool for the assessment of transversal competences, by a statement of each partner called to testify what they had to say, beyond the monthly reports provided during this period by the local coordinators to the coordination of the project.

It has thus been possible to identify "good" practices that should be recommended in the methodological manual to be produced, but also obstacles to the process that will have to be answered:

• **Negative points**

- Too many indicators, too many skills
- Match sport and physical activity to one competence
- Consider changes in inmate mood
- Take into account the regulations that allow the treatment of 16 prisoners/hour for one sport instructor (ES) and therefore the possibility of evaluating the prisoner at the rhythm of one to two times a month
- Sport instructor is not here to sit and assess
- Difficult to invest colleagues (within a small team)
- Tool is too complicated for sports instructors
- Difficult to focus on one sport among others
- Wanted to invest direct beneficiaries who rejected the grid
- Individual sports less suited the grid than group sports
- Difficulty of adapting sports to the flow of inmates (exit / entry / abandonment)
- Complaints from wardens and trainers that have seen detainees asking to leave cells/workshops for assessments
- Make the choice not to tell to inmates that they were involved in a European project so as not to value them compared to other not involved in the experimentation



- **Lack of time for assessment especially when sport instructors are external (“they are not paid to fill grids”)**
- **Find extra time for assessments (heavy administrative tasks)**
- **Difficult and heavy work for the local coordinator**

These top 3 specific points gave rise to a reminder by the coordination of the project which specified that very substantial times (around of 50 days per partner) were financed by the project just for implementation of assessment (not time for sport activities - professional daily functioning - but to "fill in assessments") and therefore if this issue should be taken into account in the post-project by the penitentiary institutions, it has no place at this stage of the project. Partners have means to organize themselves.

- **Positive points**

- ES
 - All prison staffs got information on READY...GO project
 - Involvement of other professionals (teachers, trainers, ...) to evaluate behavioral changes
 - Highlight sport and physical activities in prison through READY...GO project
 - Our service employs 34 sport instructors within 9 prisons since now 25 years and we remain strongly convinced that this activity has an effect on non-recidivism. 16 over 34 instructors were involved in the implementation of READY ... GO tool in the 9 prisons for 270 practicing prisoners among whom 120 were assessed (from now to September, we will add the swimming activity very popular every year)
- DE
 - Strengthening the number of sequences for women's football >>> Female inmates won a Cup at the Interprisons Championship which influenced their motivation
 - Using the tool can push some prisoners to specific skills
 - We organized 2 interdisciplinary meetings with professionals to present this EU project and obtain the adhesion and the authorizations of the ones and the others. We created a philosophy of the project with regard to the preparation of the inmates at their release
- MT
 - Veterans (+55 years old) participated in the national football tournament of their category and finished 2nd
 - We organized a presentation of Maltese club champions to inmates to value sports
 - We have spoken several times with women / young / adult men to invest them in the project and make inmates more involved in physical and sports activities which has resulted in some by a new dynamic, even excitement
 - Once a fortnight, we have a multidisciplinary meeting that discusses the expectations to prepare the outputs in support of several tools including the grid READY ... GO
- FR
 - Positive findings for certain skills such as "Mentoring" with an immediate result on young people with reinvested effects in society



- FI
 - We experienced three changes of sports instructors over the experimental period and this was felt. The instructor who started was very invested himself and practiced with the inmates which influenced their motivation
 - Inmates were very excited about the activities
- LV
 - Our prisons are open two days a year to families (OPEN DAYS) and we will use them to support
 - We experimented READY ... GO tool in several prisons with 6 sports supervisors
 - Real interest for sport activities in prison
- CY
 - We have sent a circular letter to inmates (in English and Greek) to offer them to register for an “application agreement”
 - Positive participation of sport instructors in the project to develop new activities
 - New sports activities have been proposed thanks to the project
 - Several therapeutic groups wanted to join the process
 - We will take advantage of the OPEN DAY (detainees and families) in the prison in September / October 2018 to make a general presentation of all sports and physical activities
 - Before implementation, we informed our prison administration and the prison authorities
 - Significant involvement of inmates in the proposed new activities
 - Unusual involvement of women (usually focused on drama, singing, etc.) that showed a new dynamic

The grid was translated into the different national languages with the exception of Maltese (English is spoken by everyone on the island) and French (the only professional invested in the device spoke English).

- ✚ The partners were also asked, with a follow-up of 6 months, to refine and / or validate several thematic supports resulting from activity C1
 - **GOALS of SPORT in PRISON** / Validated after adjustment
 - **EXPECTATIONS from INMATES** / Partners did not wish to pronounce on the names of the prisoners (compared to the original support from Questionnaire 1) but offered to ask for direct answers and then to write a report of one to two pages to be produced no later than June 30, 2018
 - **PEDAGOGY of SPORT in PRISON** / Partners have added some additional contributions to the initial board
 - **CONFORT-LEARNING-PANIC ZONE** / After a review of the 3 definitions according to Senninger (2000) whose schema had been worked during the C1 activity, all partners agreed that their experimentation with the READY ... GO tool had taken place within inmate' LEARNING ZONE
 - **STRENGTHENING the number of INDICATORS for each CCC in support of the 6 months of experimentation** / **ALL partners refused to develop the list of indicators** arguing that they had already had a lot of difficulty finding a certain number during the C1 activity organized in subgroups



🚦 Data on READY...GO implementations from monthly reports

1 - The important thing to note is that the tool and the monthly reports were completed very differently from one partner to another, which made their analysis difficult. However, the explanations had been given during the course and at the end of the C1 activity and then repeated again and again, the coordination had responded and explained again the purpose of the process and the expectations. It will be VERY IMPORTANT to pay attention when writing the methodological manual.

And because evaluations arrived "empty", it was surprising to observe that certain partners prefixed the indicator that:

- **has to be used to evaluate an identified transversal skill,**
- **was going to be measured on a whole group and not in personalized pathway.**

2 - At this stage of the process, all partners except Finland (for already mentioned reason) said they have completed the first of the three stages (at least) of the evaluation process, with three partners already reporting their results before M4, three during seminar, the last remaining to produce them quickly.

Regarding the 2nd stage of the evaluation process, partners clarified:

- they finished it (LV - MT)
- they will finish by end of June 2018 (ES - FR)
- they will finish by end of July 2018 (CY - DE - FI)

All partners must have completed the 3rd and final stage of the process by the end of September 2018 at the latest.

3 - Regarding the commitments made by partners in terms of the evaluation objectives to be achieved, the partners have adjusted their number as follows:

Countries	09.2017 (origin)			06.2018 (revised)	
	Male	Female		Male	Female
CY	50	10		55	20
DE	30			30	10
ES	80+	20		100	25
FI		60-90			10
FR (*)	20			10	2
LV	10	5		81	12
MT	10			16	4
All	295			375	

(*) a new group of participants must be integrated that will increase the numbers given



4 – Concerning the monthly reports for feedback on the evaluations, the partners validate the fact that the important findings were made over the first 6-month period that will be included in the methodological manual, as a result of which they decide to stop monthly restitution.

READY...GO process

The partners worked on the development of the first frame of the future manual in that they validated :

- Introduction / Inspiring practices and recommendations
- Manual for user / Methodology
- Train the trainer / Course
- READY...GO grid / Assessment n° 1 – 2 – 3
- Valorization
- **Certification/Recognition**

Some partners rejected the last point while others argue that this document may be important in sentence plans of inmates to be examined by judges. The debate remains open and will be subject of further exchanges during the C2 activity at the end of October 2018 in Barcelona.

[READY...GO tool in its 2nd version](#)

The Spanish partner presented its revised version of the READY ... GO tool. As explained in the negative (heaviness in the management of the initial tool) and positive (work of a team of 16 professionals around the head of sports and local coordinator of the project READY ... GO) points, this group has (even before to start the experimentation) decided to work on a transformation of the READY ... GO tool. This 2nd version was presented to the partners during M4 in Finland and validated unanimously this second version. It is regrettable that:

- the M4 seminar in Finland was only scheduled for June 2018 but its purpose was to make a mid-term stage (in the present situation, the month of March would have been more judicious but we then deprived ourselves of a number of positive and negative findings)
- the Spanish partner did a solo race by not sharing his work with the coordination and then with the other partners of the project; if shared before, this would have made it possible to test the new tool in more countries (at this stage, only France has agreed to continue the next 6 months with the new tool, other partners deciding to stay on the initial tool)

Day 1 Bull' eyes evaluation: Please see M4 complete evaluation on page 7 as a whole.



DAY 1 / Evening (17:00 – 18:00)

PSG members (one local coordinator per country) met to check if administrative and financial questions and to prepare next periodic financial reporting.

Point of the financial situation was as follow from C1 in October 2017 till June 2018:

- CY and FI received 2nd transfer of money on February 06, 2018
- MT received 1st transfer of money after individual agreement with annexes finally got signed on February 06, 2018
- ES received 1st transfer of money after individual agreement with annexes finally got signed on May 24, 2018 (for political delays that we all know)
- DE and LV were late to deliver missing documents. Their second transfer of money will be organized by end of July, beginning of August 2018 (as they provided documents during M4 that are still to be checked)

DAY 2 / Full day in Hämeenlinna prison

During morning a visit of the prison was organized and guided by the deputy director of this prison who hosted only female since July 2017.

And the visit was followed by a sport event where female inmates faced project participants for a football match that were very appreciated by both teams. Newspaper photograph and interview were reported in [Hämeen Sanomat juttu](#) on the following day.



To close this morning, lunch was offered in the canteen and shared with other staffs.



DAY 2 / Afternoon

Partners met for the last part of M4 in the meeting room of the prison and the focus was to:

- Prepare 1st draft of the ending conference with EU videoconference
- Discuss on set for communication on READY...GO
- Debate about communication in partners' organizations
- Introduce C2 activity in Barcelona.

1 - For what concerns the EU videoconference part, following topics were shared (10'-12' / country):

- ES / sport as a structured organization in prison with one testimony
- CY / ??? will let us know by end of July 2018 (*see action note n° 5 on page 9*)
- FI / sport within sentenced plan and probation
- DE / competence development and sport
- FR / training for staffs in prison (to be confirmed)
- LV / ??? will let us know by end of July 2018 (*see action note n° 5 on page 9*)
- MT / sport as part of the educational process in prison

2 – Cyprus partner, because well organized and expert in this matter, was asked to prepare a set of articles that could be printed for communication during ending conferences to participant. Partners will have to provide their logos in .jpeg by end of June 2018 so to be able to have contact with designers and printers for prices. Then partners will be shown what is possible and for how many. Decisions will be taken and operated before C2 so that Cyprus participants will be able to bring materials to Barcelona.

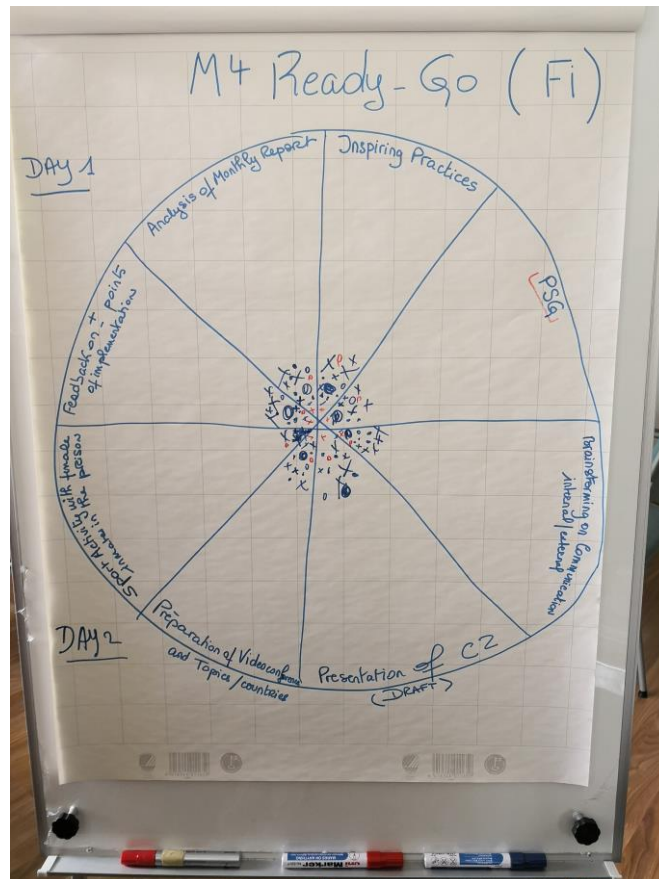
3 – Sharing about communication, partners inform about following actions:

- DE / write periodic reports to RP ministry of justice about READY...GO. They also have a list of associations for contacts
- LV / article on local newspaper during M2 + 1 article on Intranet of Probation service + list of associations that were contacted for implementation of READY...GO tool
- FI / article on local newspaper during M4
- ES / Intranet from Justice department
- CY / list of associations they have contacts with to organize sports in prison

4 – Our colleagues from Barcelona [made a presentation](#) on how could be the organization of C2 activity next October 2018. They asked partners to let them know by end of July 2018 about number of participants per country.



Bull' eyes evaluation



Next Meeting Dates

C2 in Spain – 22-26 October 2018 (Barcelona). Two sport instructors (better if sport teachers from C1 can participate) as well as READY...GO permanent local coordinator will have to attend this C2; a 4th professional (from each partner country) will join the group such as another sport teacher who does not attend C1 (or decision maker, or politician involved in prison).

E1-E2-E3-E4-E5-E6-E7 correspond to national ending conferences organized around a European videoconference. The final date agreed by all partners is Thursday November 22, 2018 from 9:00/9:30 to 12:00/13:00 depend on countries (with EU videoconference from 10:30 to 12:00) for DE/ES/FR/MT; for CY/FI/LV EU videoconference will be +1:00 (from 11:00 to 12:30). Discussions between partners were not so clear and so easy; will need to come back on this subject in PSG during C2 as it is not what was validated in Germany during C1 (cf. Minute and Action Notes from C1).

M5 - in Cyprus – Arrival on January 28, 2019 with departure on January 31, 2019. Meeting dates are 29-30.



Immediate Action notes

For MT partner

- ① Check with University of Malta (like they did perfectly for FEF) would agree **to coordinate the EU videoconference on November 22, 2018 Morning**

For FI partner

- ② Provide Assessment n° 1 for all inmates under READY...GO process ASAP and **no later than end of July 2018** with Assessment n° 2

For CY – DE – ES – FI – FR

- ③ Provide 2nd set of Assessment **no later than July 31, 2018**

For FR partner

- ④ To have contact with Alan Smith (ex-European commission/Education in prison) to see if he will agree to be the moderator of the videoconference on November 22, 2018

For CY and LV partners

- ⑤ Give topics that their speaker will present during EU videoconference **no later than July 31, 2018**

For CY / DE / ES / LV

- ⑥ Send list of contacts you have for READY...GO as associations, sport clubs, ... (CY and DE) **ASAP**
- ⑦ Send screenshot of Internet communication (ES and LV) **ASAP**

For all participants

- ⑧ Write and send a brief report (no more than 2 pages) about “Expectations from inmates” when practising Physical Activities and Sports (PAS) – **Deadline agreed by all is June 30, 2018**
- ⑨ Send to project coordinator financial documents based on staff costs (till May 31, 2018) and expenses (till July 31, 2018) **no later than August 31, 2018**
- ⑩ Provide 3rd and last set of Assessment **no later than September 30, 2018**

Thank you very much