

READY...GO Project

Application n° 2016-1-FR01-KA204-023846

**Partnership with
CY – DE – FI – FR – LV – MT
and Barcelona**





IT'S **ESSENTIAL**
TO KEEP IN MIND THAT
READY... GO TOPIC IS LINKED TO
EDUCATION IN PRISON
THROUGH SPORT ACTIVITIES

to support the acquisition of informal skills
to help inmates to better prepare their
reintegration into society.



So READY... GO has to be thought as

First – a tool that focuses on inmates
to help them to prepare post-released reintegration

Second – a tool to be used by sport instructors



Stages of READY...GO

- Carrying out a research (Questionnaires to Inmates / Sport instructors)
- Identifying inspiring practices, methodologies, supports,...
- Creating a pedagogical support (Tool) to identify and valorize Cross-Curricular Competences through Physical Activities and Sports
- Measuring the positive impact that validation can have on inmates and their motivation (indicators)
- Validating competences' development as a result of these activities
- Organizing communication and dissemination
- Publishing findings / recommendations based on research and practices



Respect diversity

Assistance to
reintegration

Socialization

Psychosocial
regulation

Complement to
the sentence
plan

Restorative
justice

READY...GO Contributions

Educational
work

Foster positive
relationship

Wellbeing &
health promotion

Internal security
Social peace



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READY...GO

To enforce strengths
and work on weaknesses

To help inmates
to discover new
abilities

To deal with
challenging behaviours
from peers

Learning by
playing

Pedagogy of SPORT in prison

Rules and
limits

Education to
health through
Sport

Development of
life skills

Individual/
Group learning

To encourage confidence
between sport instructor
and inmate to make him
growing



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READY...GO

To meet
other inmates

To have
fun

To receive certificate
to use for conditional
release

To maintain
their health

Expectations from Inmates (Q1)

To leave their
cell

To practice
new sport
activities

To push themselves
to limits

To release
from daily
tensions

To receive education
and training based on
PAS



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READY...GO Project

Who were involved in the READY... GO process?

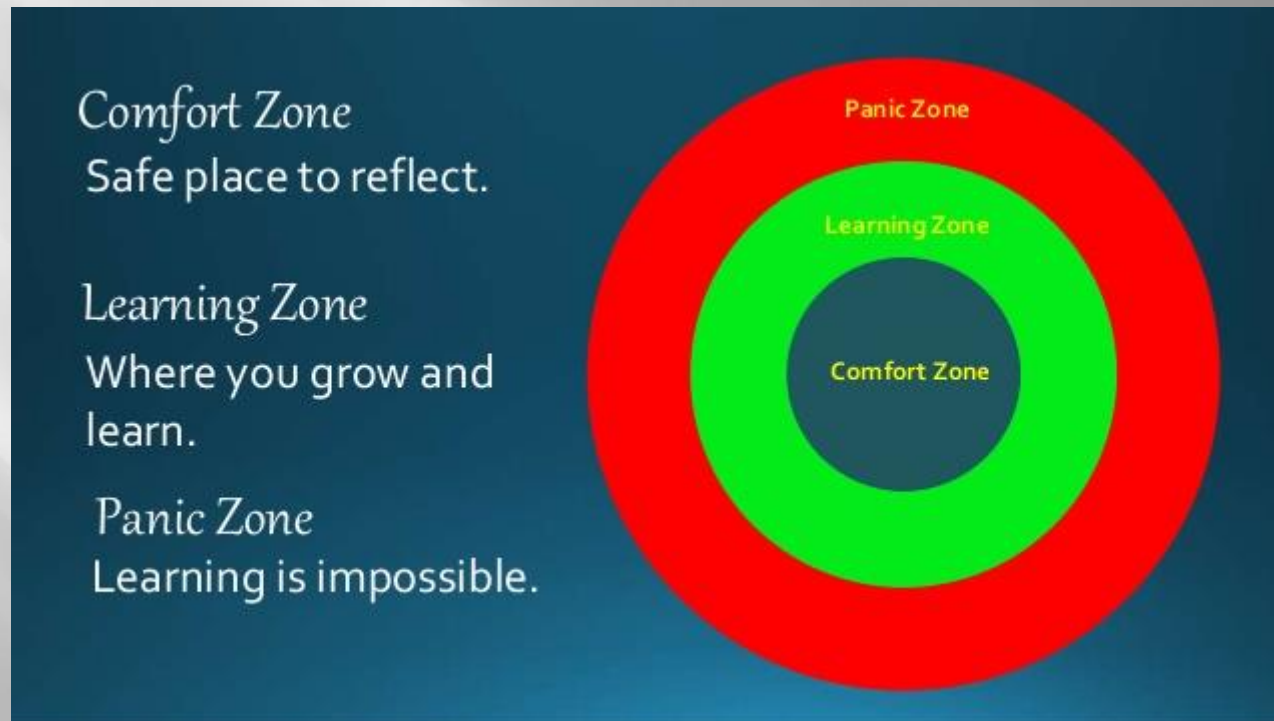
1 – Sport « instructors »

2 – « Learners »

3 – Local coordinators (6) and Project' coordinator



The Learning Zone Model from Senninger, 2000





READY...GO Project

16 Cross-Curricular Competences

Countries	CCC 1	CCC 2	CCC 3	CCC 4	CCC 5
CY	Learning to Learn	Team working	Critical thinking	Intercultural communication	Autonomy
DE	Team working	Conflict management	Learning to Learn	Self reflection	Managing diversity
ES	Autonomy	Civic and social attitude	Leadership	Take responsibility	Mentoring
FI	Take responsibility	Learning to learn	Flexibility	Planning resource management	Managing diversity
FR	Conflict management	Critical thinking	Civic and social attitude	Self-reflection	Mentoring
LV	Creativity	Flexibility	Planning resource management	Problem solving	Leadership
MT	Problem solving	Intercultural communication	Creativity	Conflict management	Flexibility



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READY...GO Project

Tested in a variety of identified sports

See List



READY...GO Project

Recommendations to Decision makers

(Materials, Staffs, Equipment, ...)

Penal administrations (Ministry, Prison department,...)

Architects designing new prisons

National schools for prison staffs

Managers of prisons,

Sport instructors working in prisons

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Thank you for listening