



READY...GO

Code XX1...

Questionnaire 1. For inmates

BACKGROUND QUESTIONS

1. Sex Male Female
2. Age ____ years
3. Marital status Married [] Single [] Divorced [] Widow [] Other []
4. Nationality National [] European [] Extra-Community []
5. How many times did you come in prison (including the present one)? Year(s) ____ Month(s) ____
6. How many sentences did you have (including the present one)? ____
7. Status remand convicted

Question	YES	NO	Explain
1. Before entering prison, did you practice sport? 2. What sport did you exercise?			
3. Do you prefer exercising in team <input type="checkbox"/> group <input type="checkbox"/> alone <input type="checkbox"/>			
4. Is there enough sport activities in prison? 5. Do you feel that you are given enough opportunity to practice sports in prison?			
6. Do you participate sports in prison? 7. If no, why? 8. How many hours per week do you exercise with the instructor? ____ 9. How many hours per week do you exercise without the instructor? ____			xxx
10. Does sport support your life in prison?			xxx
11. Does sport in prison help you to improve your well-being?			xxx
12. Is it useful that there are physical education instructors?			xxx
13. Does the staff support inmates in sport activities?			
14. Do you personally get enough support from the sport section in prison?			
15. When practicing sport in prison, please explain if it is for Fun <input type="checkbox"/> Leaving cell <input type="checkbox"/> Meeting inmates <input type="checkbox"/> Staying in good health <input type="checkbox"/>			
16. Do you think that there are enough sport facilities and equipment?			
17. Would you like to have physical formal education in prison?			
18. Do you think sports in prison could help you to reintegrate after release?			

19. After your release, will you continue doing sports?

OPEN QUESTIONS

In your opinion, which skills could be developed by practicing physical and sport activities in prison?

Which sports would you prefer to have in prison?
