



What is READY...GO Project ?

SPORT IN PRISON TO SUPPORT THE ACQUISITION OF INFORMAL SKILLS TO HELP
INMATES TO BETTER PREPARE THEIR REINTEGRATION INTO SOCIETY

The Stages of the Project



- ▶ Carrying out the initial research (Questionnaires to inmates / Sport instructors)
- ▶ Identifying inspiring practices, methodologies, supports,...
- ▶ Creating a pedagogical support for the identification and the realization of transversal skills of informal type observed among the prisoners with the support of the PAS to help them to reintegrate a job into society after being released
- ▶ Validating competence development as a result of these activities
- ▶ Considering the benefits within prison (indicators)
- ▶ Measuring the positive impact that validation can have on inmates and their motivation
- ▶ Organizing communication and dissemination
- ▶ Publishing findings and recommendations based on research and practices

To do that, we need to...

- 1. Develop a common understanding** (*Formal, informal and non-formal education, Skills/abilities/competences, Physical activities and Sport*)
- 2. Let inmates be at the centre of our works**
- 3. Identify and Consider the common practicalities of physical activities and sport (PAS) in prison contexts based from various national systems**